



# The Entrance Public School

## TERM 3 Week 5 2023

A Safe, Respectful and Engaged Community

### COMING EVENTS

TERM 3 2023

#### Week 5

##### Thurs 17<sup>th</sup> August

- Tumbi Tasters – Yr. 6
- Choral Festival Workshop

##### Fri 18<sup>th</sup> August

- K-2 Assembly – KA  
– 2.20pm

#### Week 6

##### Wed 23<sup>rd</sup> August

- Book Character Parade  
– Read Grow Inspire

##### Thurs 24<sup>th</sup> August

- Tumbi Tasters – Yr. 6

##### Fri 25<sup>th</sup> August

- 3-6 Assembly – 3G  
– 2.20pm

#### Week 7

##### Thurs 31<sup>st</sup> August

- Tumbi Tasters – Yr. 6

##### Fri 1<sup>st</sup> September

- Whole School Assembly

#### Notes you should have:

- K-2 Swimming Program
- Reptile Park – Yr. 2 & 3
- Reptile Park – Yr. 1 & 2
- Amazement Farm & Fun Park – Kindy
- Laycock Street Community Theatre – Yrs. 3 & 4

### PRINCIPAL'S MESSAGE

Another busy week at TEPS! Despite a reduced playground we are still managing to survive.

#### Welcome Murphy!

In amazingly wonderful news, our school has selected a support dog to work in our school and support any student who may be in need.

After consultation with our community we have chosen Murphy as our support dog's name.

Murphy is currently 7 weeks old and has begun his training to become a Support Dog. Training can take a while and we are expecting Murphy to enter our school in a full time capacity some time next year.

Whilst Murphy belongs to the school, Miss Dawson will be Murphy's carer and will look after him outside of school hours.

On Monday we let our students know about Murphy and you could see the excitement around him coming to our school.



## **Book Week 2024**

Next week is Book Week. Mrs Evans has been exceptionally excited about organising this week for the students. On Wednesday we hope that everyone dresses up for the book character parade. A Book Fair will be open all week so students can purchase books.

## **Public Speaking Competition**

Well done to all our amazing participants who prepared and delivered engaging speeches. This can be very challenging for some students and the teachers are very proud of the efforts of each one of the students who participated.

Congratulations to the following students who were successfully nominated to progress to the next round of the competition. They will compete against students from other Central Coast Public Schools. More information regarding this will be sent directly to students who are involved.

- Early Stage 1**      - Isla
- Stage 1**              - Roxy & Hunter
- Stage 2**              - Tyler & Archer
- Stage 3**              - William & Mikayla

## **School Uniform**

A number of students have been turning up to school out of school uniform. We understand that uniform costs can be high, however, when students appear with high-end brand clothing that is often more expensive than the school uniform it gives a different message. The school will be supporting the wearing of correct uniform by providing students out of uniform with a jumper of the right colour to be worn for the day. Students who have lost their jumper or are wearing incorrect attire will also be offered this option. We are encouraging all students to be proud of our school and model appropriate uniform. K-mart and Big W also sell navy tracksuit pants and jumpers for less than \$10. This can be a more affordable option.


## **Permission to Publish**

At school we have several students who do not have permission to publish their images and names in our school newsletters and through our social media channels. Parents also give permission to use their children's images and names to the school by signing permission slips. A reminder that any footage taken of school events are not allowed to be broadcast on social media, YouTube or shared with other people as you do not have permission to use the images of the children from the parents. If you have utilised any footage in that way, can you please remove it from those media platforms. It would be grateful if you can support the school with this.

## Be at School Everyday (Even on your birthday)

Last Term we launched our BaSE initiative and have had some encouraging early results. We are particularly targeting the attendance around the 80-90% range. All the benefits of strong attendance we have promoted to our community.

Last fortnight the best attended class was 5/6C with 94.4%

 <b>TEPS ATTENDANCE Week 4</b>			
Class	Week 3	Week 4	Average
KA	89.5%	93.4%	91.8%
KC	90%	78.6%	86.9%
K/1B	88.2%	90.3%	90.3%
1H	93.2%	89.3%	91.4%
1P	91.3%	83.3%	86.8%
1/2K	84.1%	84.1%	85.8%
2C	97%	90%	92%
2H	92.7%	89.6%	87.1%
3G	85.7%	86.9%	88.8%
3S	92.9%	85.7%	91.4%
3T	85.7%	89.3%	88.4%
4C	86.6%	90.2%	88.9%
4K	88.4%	92.6%	87.1%
5S	92.3%	90.4%	88.9%
5/6C	94.4%	95.4%	94.4%
5/6D	94.5%	89.5%	90.7%
5/6K	92.3%	86.1%	88.3%

Principal – Dave Stitt



## The Waterhole

Our Thirsty? Choose Water! Program, in partnership with the Central Coast Learning Health Department, is coming together nicely.

The Aboriginal Artwork titled, 'The Waterhole' by artist Jakeob Watson, was cleverly printed onto an adhesive wrap and placed onto the wall surrounding our Chilled Water Station, by Rick from Bannerama at Long Jetty.

'The Waterhole' represents traditional significance amongst our First Nation Peoples and was chosen to surround our Chilled Water Station for this reason. Over the next few weeks, all students will learn about the importance of the waterhole for Aboriginal People's survival and design their own waterhole artwork.

Stage 2 students will be participating in a 'Thirsty? Choose Water! Day in Week 5 on Friday the 18<sup>th</sup> of August, that will involve rotational learning activities that highlight the important health benefits associated with choosing water as the preferred choice for hydration.





## Kindergarten Headstart

Our school has a Kindergarten orientation program called Headstart. This program aims to familiarise students with our school and provides a range of activities which will prepare them for school life. Headstart is a good way to get to know 'big school', to meet some of our teachers, make new friends and do some fun activities.

At the beginning of each Headstart session, families are to enter the school via the front office or the View St gate and go to the Kindergarten playground. Children are to be signed in and name badges worn. Parents then go to the school hall for an information session. Once completed, children can be picked up from the Kindergarten area.

### HEADSTART TIMETABLE FOR 2023:

- **Wednesday 25<sup>th</sup> October 1:45pm-3pm**

Parent Information session (Hall) - **Welcome to The Entrance Public School and Readiness for School.**

Students will participate in activities in our Kindergarten classrooms.

- **Wednesday 1<sup>st</sup> November 1:45pm-3pm**

Parent Information session (Hall): **Literacy and Numeracy.**

Students will participate in activities in our Kindergarten classrooms.

- **Wednesday 8<sup>th</sup> November 1:45pm-3pm**

**Information stalls (Hall) & Tour** – a variety of stalls will be set up in the hall, including: catching the bus, P&C, Uniform shop, Canteen, school banking, Food Hub, Coastwide Occupational Therapists, All Areas Speech. School tours, run by our Year 6 leaders, will also be available.

- Students will participate in activities in our Kindergarten classrooms.

- **Wednesday 15<sup>th</sup> November 1:45pm-3pm**

**Games and a Teddy Bear's Picnic** - parents drop their children off in the Kindergarten playground for games and a picnic. Please bring along a teddy, treats will be provided by our school. Parents return at 3pm to pick up their child.

### Enrolment applications

Families will need to complete an online enrolment application or pick up a hard copy from the front office and return before Headstart, along with your child/ren's original birth certificate for us to sight and copy, Immunisation History Statement from Medicare, and proof of address.

### Communication

To keep up to date with all the relevant information for Kindergarten 2024, please join our The Entrance Public School Facebook page, and keep an eye on our school website <https://theentrance-p.schools.nsw.gov.au/>

Please call us on 4332 2422 to confirm if your child will be attending The Entrance Public School next year and if they will be attending our Headstart program.

## Have your details changed?

If any of your details have changed please fill in the following form and hand into school reception.



### CHANGE OF ADDRESS AND PHONE NUMBERS

Students Name \_\_\_\_\_ Class \_\_\_\_\_

\_\_\_\_\_ Class \_\_\_\_\_

\_\_\_\_\_ Class \_\_\_\_\_

New address \_\_\_\_\_

\_\_\_\_\_

<b>Mother/Carer Name:</b>	
Mobile:	Work No:
Email:	

<b>Father/Carer Name:</b>	
Mobile:	Work No:
Email:	

<b>Emergency Contact Name:</b>	
Relationship to child:	
Mobile:	
Work:	

<b>Emergency Contact Name:</b>	
Relationship to child:	
Mobile:	
Work:	

Notified by: \_\_\_\_\_ Date: \_\_\_\_\_

## Emergency Contact Details

Please check your  
emergency contact details  
are correct and valid with  
the administration office



**Book Character Parade is Wednesday 23<sup>rd</sup> August 12.30 – 1.30pm.**

**Our Theme this year is “Read Grow Inspire”.**



**Book Fair all week 21<sup>st</sup> August to 25<sup>th</sup> August in the Library.**

# BOOK WEEK

## LUNCH SPECIAL

**Available from Monday 21st August to  
Friday 25th August**

Cheese Toastie  
Hot chocolate and a  
Warm Bag of Popcorn  
\$6.00





P&C/Food Hub

# FATHER'S DAY

Mystery Gift Bag

\$6 each bag

Mystery Gift Bag may include:

- aftershave
- keyrings
- chocolates etc..

(gifts will vary in each bag)

All money/orders to be paid to school

Canteen by Wed 16th August

Gift Bags received by Fri 1st September

Eftpos available only at Canteen

## Tuning in to Kids

# Emotionally Intelligent Parenting

A five-session parenting program for  
parents of aged up to 12 years old

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop *emotional intelligence*. Children with higher emotional intelligence:

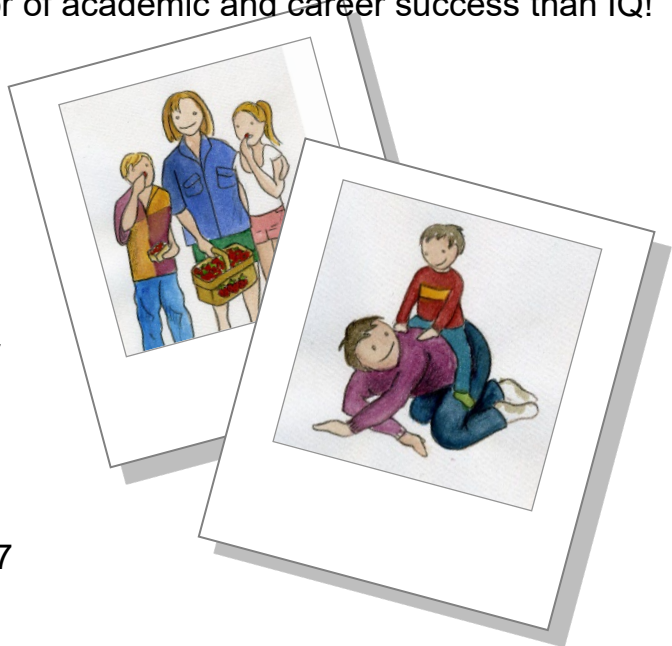
- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Where: The Entrance Public School

When: Tuesdays 22<sup>nd</sup> August 29<sup>th</sup> August,  
5<sup>th</sup> September 12<sup>th</sup> September, 19<sup>th</sup> September  
9.30am till 12noon.

Contact: Wayne Osborne (Ossie) 0493 084 647



# COME PLAY CRICKET!



## CRICKET BLAST 5-10 YEARS

Saturday mornings 9 -10:30am, begins 15th October  
10 week program  
\$120

**Includes a Blasters merchandise pack**

Cricket game-based activities. Fun & active program for kids of all abilities.

## BOYS 9-17 YEARS

Saturday mornings 8 -11am, begins 7th October

Available grades U10, U12, U14, U16

Youth competition Friday evenings (Under 17)

\$175 +\$16 Play HQ Fee

**Includes: playing shirt, training shirt & shorts (+ cap for new players)**

## GIRLS 9-16 YEARS

Saturday mornings 8 -11am, begins 7th October

T20 girls only competition (3 ability based grades)

\$175 +\$16 Play HQ Fee

**Includes: playing shirt, training shirt & shorts (+ cap for new players)**

## GIRLS & WOMEN'S COME & TRY SESSIONS

Sunday 20th and Sunday 27th August

Jubilee Cricket Nets, Kitchener Rd, Long Jetty

From 3pm

**All welcome - No experience necessary!**



SCAN ME

SCAN THE QR CODE  
TO REGISTER

DON'T FORGET TO USE YOUR ACTIVE  
KIDS VOUCHERS !

For further info contact the Junior coordinator  
Rob Goldie on 0415 117 539 or  
Email: [junior@tedcc.com.au](mailto:junior@tedcc.com.au)



## Healthy Lunch Box

# Healthy Lunch Box website.

Your one-stop shop for all the information and ideas you need.



### Try our interactive lunch box builder

Get kids involved in planning and packing a healthy lunch box



### Snack ideas

Snack suggestions, swaps and recipes to make healthy snacking easy

### Get inspired

Check out our ideas for sandwich fillings, sandwich alternatives and packed lunch boxes



### Free, easy and delicious recipes

Hundreds of family-friendly recipes that can be filtered for dietary preferences

### Keep up to date

Subscribe to our e-newsletter to get recipes, tips and ideas delivered to your inbox. Visit [healthylunchbox.com.au/subscribe/](https://healthylunchbox.com.au/subscribe/)



Visit [healthylunchbox.com.au](https://healthylunchbox.com.au) for recipes and information you can trust.



**Cancer Council**  
Healthy Lunch Box

## Pack your lunch box from these food groups

### Breads and cereals



### Water



### Vegetables and salads



### Fruit



### Meat and alternatives



### Dairy and alternatives



Visit [healthylunchbox.com.au](https://healthylunchbox.com.au) for recipes and information you can trust.



**Cancer Council**  
Healthy Lunch Box



## **Nutrition Snippet**

### LUNCH BOX SNACKS

Need some quick and tasty snacks?



Check out these recipes  
that are easy to freeze  
and ready when you are!

- Blueberry oat muffins
- Oaty biscuits
- Chewy fruit and seed bars

For more ideas download  
our Snack Solution guide



**Cancer Council**  
Healthy Lunch Box



# CENTRAL COAST BRIDGE CLUB

The Central Coast Bridge Club is conducting a set of bridge lessons starting on Tuesday August 15 at 9:30am in our clubrooms at 415 The Entrance Road.

The set of lessons runs for six weeks and costs sixty dollars. (\$60).

For further information please contact the club on 4339 3824 or at our email address [ccbridgeclub@gmail.com](mailto:ccbridgeclub@gmail.com)

# 2024 KINDERGARTEN ENROLMENTS

Do you have a child starting  
Kindergarten in 2024?

Enrolments can be done  
online at **The Entrance Public  
School** webpage via the  
**enrolments tab**

or pick up a hardcopy  
from the office

**You will need to provide:**

- Child's birth certificate
- Child's Immunisation  
History statement from  
Medicare
- 100 points proof of  
address



02 4332 2422





**Toukley & Districts Art Society Inc**

Toukley Art Gallery, 1 Wallarah Rd, Gorokan  
Ph: (02) 4392 4666 (Near Toukley Bridge)



# *Central Coast Childrens' Art Competition 2023*

*18th to 29th November 2023*

## **Age Groups:**

A: 6 & Under

B: 7 — 9

C: 10 — 12

D: 13 — 15

E: 16 — 18



## **Free Entry**

*Closing Date*

*For Entries:*

Monday

6th Nov 2023

*Delivery Date*

*For Entries:*

Thursday

16th Nov 2023

3pm — 6pm

**Use any medium you like to create your work of art**

**1 Entry per Child**

**Canvas or Framed Artwork (up to 30.5 cm x 40.6 cm)**

**Presentation of Winners: Sunday 19th Nov 2023 2pm—4pm**



**Toukley & Districts Art Society**

***Central Coast Childrens'  
Art Competition 2023***



*Please complete this entry form and return to the  
Toukley Art Gallery by Monday 6th November 2023.*

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Age: \_\_\_\_\_ School: \_\_\_\_\_ Class: \_\_\_\_\_

Title of your artwork: \_\_\_\_\_

**PARENT CONSENT FORM**

I give permission for my child \_\_\_\_\_ to participate in the  
Toukley and Districts Art Society's Central Coast Childrens' Art Competition 2023.

*(By signing this form you are agreeing to let your child's Artwork to be photographed for promotion and  
social media purposes).*

Name (Parent/Guardian): \_\_\_\_\_ (please print)

Email: \_\_\_\_\_

Mobile: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕ ✕

**KEEP THIS LABEL WHICH MUST BE PUT ON THE BACK OF ARTWORK ENTERED**

Title: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone Number: \_\_\_\_\_ School: \_\_\_\_\_





# Touch Football

## Summer Competition

starts 4th October

Junior Comp  
&  
Senior Comp

Active Kids vouchers accepted

Prices from \$55 pp plus insurance

Registration open now!

Go to [berkeley-vale.nswtouch.com.au](http://berkeley-vale.nswtouch.com.au)

## Why play touch with us?

- Improve fitness and speed
- Increase agility
- Gain ball skills
- Enjoy socialising and make new friends
- Build teamwork
- Opportunity to play

Representative Touch

PLAYED AT TED DOYLE OVAL,  
BERKELEY VALE





# St Vincent de Paul Society

*good works*

St Vincent de Paul Wyong invites you to attend our event, proudly supporting:



## anti-poverty week

*act on poverty*

During Anti-Poverty Week *all* Australians are encouraged to take action & highlight the impact of poverty & hardship.

### COVID SAFE EVENT

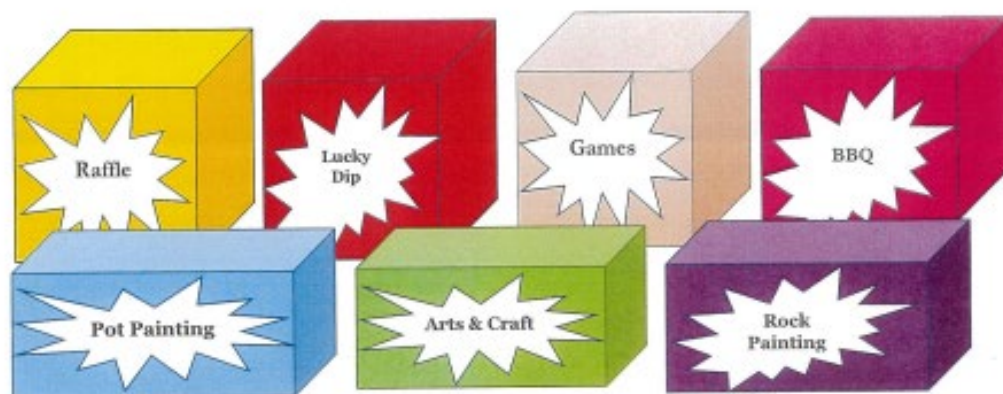
- Check in upon arrival.
- Masks (available)
- Hand Sanitizer available
- Stay Home if Unwell or have cold/flu like symptoms.

Come along for a great, informative & fun filled day with children's activities & information packs.



### YOU ARE ALL INVITED TO THE ANTI-POVERTY COMMUNITY EVENT

On THURSDAY 19<sup>th</sup> October 2023 at  
St Vincent de Paul Wyong, 47 Howarth St Wyong  
(Behind Wyong Train Station)  
Between 10am – 2pm.



**When:** Thursday 19th October 10am—2pm

**Where:** 47 Howarth Street, Wyong



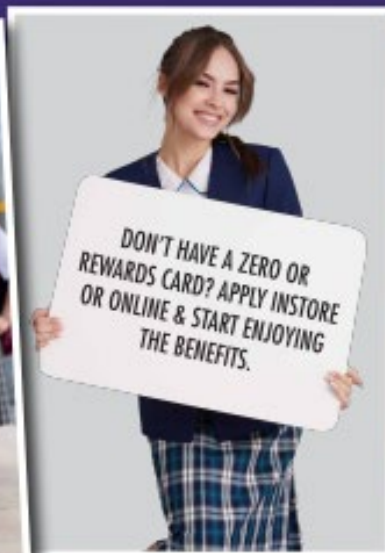


**2 DAY VIP EVENT**

**20% OFF  
EVERYTHING\***



**AUGUST 24<sup>TH</sup> & 25<sup>TH</sup>**



**INSTORE & ONLINE**

\*T&C's apply, no rainchecks, savings off original prices.



Go4Fun is a FREE 10-week healthy wellbeing program for children aged 7 to 13 to enjoy along with their families. Please contact 1800 780 900.

Run by top trained health professionals, it's a fun way for kids to build self-esteem and learn about eating well, staying active and living a healthy life.

Term 3 programs will take place at:

- ✦ **Lake Haven Recreation Centre**, Tuesdays 4pm–6pm (Aboriginal program for everyone run by Bungree)
- ✦ **Gosford Olympic Swimming Pool**, Wednesdays 4pm–6pm
- ✦ **Bateau Bay Neighbourhood Centre**, Thursdays 4pm–6pm

To register, visit [go4fun.com.au](http://go4fun.com.au) or call 1800 780 900.





# Volunteer Recruitment

## *Drive*

### *About us*

Meals on Wheels Central Coast has proudly supported Central Coast seniors and people with disabilities for over 54 years, providing affordable meals, social support, and a helping hand. Assisted by an army of dedicated volunteers, our trusted service has helped thousands of locals to live happily, healthily and independently.

### *The Opportunity*

As a volunteer, you will have the opportunity to develop new skills, meet new people and gain a sense of fulfillment, as you help our Central Coast community.

Volunteering opportunities include:

- **Community Restaurants** – provides a fantastic weekly social outing for our clients, offering morning tea, hot lunch, dessert and beverages, along with fun-filled social activities
- **Assisted Shopping Program** – gives our clients a chance to shop at their local stores with the help of one of our wonderful volunteers
- **Online Shopping Assistance** – helps our clients to order everyday groceries from Woolworths or Coles.

## *Join today!*

4357 8444 | [www.ccmow.com.au/volunteering](http://www.ccmow.com.au/volunteering)



# Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

## To join, participants must:

- ☒ Have a current health care card OR pensioner concession card
- ☒ Be studying yourself OR have a child in school
- ☒ Have regular income from work, yourself OR your partner

For full eligibility requirements, speak to a Saver Plus Coordinator.

## Here are some of the school costs the \$500 can be used for:



## For more information, please contact Saver Plus:



[saverplus@bsl.org.au](mailto:saverplus@bsl.org.au)



[saverplus.org.au](http://saverplus.org.au)



1300 610 355



@SaverPlusAU

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

If an extra \$500 would help you prepare for the costs of starting high school in 2024, then please read on to learn more about the free Saver Plus program. Saver Plus is a matched savings and financial education program that matches participants' savings dollar-for-dollar up to \$500 for education costs such as uniforms, books, excursions, sports fees and laptops.

Participants save for a period of 10 months, so families who start now will be able to complete the program and receive their matched savings in February 2024.