



The Entrance Public School

TERM 4 Week 8 2023

A Safe, Respectful and Engaged Community

COMING EVENTS

TERM 4 2023

Week 8

Tues 28 November

- Berkeley Vale HS Orientation Day

Fri 1 December

- Library/ICT Monitor Celebration

Week 9

Mon 4 December

- K-2 Presentation Day – 9.30am

Tues 5 December

- 3-6 Presentation Day – 9.30am

Thurs 7 December

- Scripture Christmas Performance – 1.15pm

Fri 8 December

- Sport Excellence Assembly – 10am
- Christmas Concert – 12.30pm

Week 10

Mon 11 December

- Teacher-Principal Reward Day
- Reports Home

Tues 12 December

- Step Up Day

Wed 13 December

- Community Reward Assembly & Picnic – 10am
- Parent Helper Morning Tea – 11.30am

Thurs 14 December

- Yr. 6 Graduation Assembly – 9.30am
- Yr. 6 Farewell – Diggers

Fri 15 December

- Yr. 6 Mingara Fun Day
- LAST DAY OF TERM 4

Mon 18 December

- SDD

Tues 19 December

- SDD

Acknowledgement of Country



Together we gather each day on Darkinjung Country, to share knowledge and experiences, as the Elders of this land have done for thousands of years before us. We pay our respect to those Elders and extend that respect to all Elders of the present, including those emerging. As we learn and play together, we acknowledge all Aboriginal people who participate and contribute to the knowledge and experiences we share each day at The Entrance Public School.

PRINCIPAL'S MESSAGE

School Open Day

We are thrilled to share the joy and success of our recent Open Day at TEPS! It was a day filled with enthusiasm, learning and celebration, and we couldn't be prouder of our students, teachers, and staff for making it such a memorable occasion.

The day provided an excellent platform to showcase the remarkable achievements of our teachers and students. Their projects, artwork and accomplishments were proudly displayed throughout the school, demonstrating their hard work and dedication.

Open Day fostered stronger connections between parents and teachers. Collaborative activities and discussions allowed parents to actively participate in their child's educational journey.

A heartfelt thank you to our incredible team of educators who worked tirelessly to organise and execute this successful event. Their passion for education and commitment to the growth of our students truly shone through.



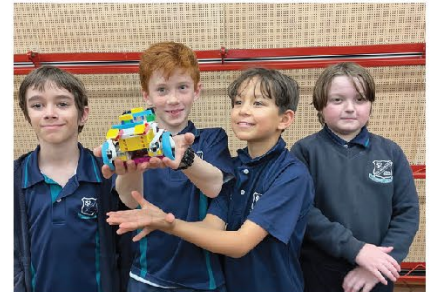
2023 HPGE CHALLENGE DAY @ TEPS



Students from the Tuggerah Lakes Learning Community were selected to represent their school to participate in a variety of Science, Technology, Engineering and Maths (STEM) and robotics challenges.

Congratulations to one of our Stage 2 teams who came runners up and a Stage 3 team came in first place!!

All students from TEPS represented the school with integrity and enthusiasm. They should feel very proud of their efforts and achievements.



The Anxiety Project

We are thrilled to share that TEPS will be involved in a wonderful new initiative next year. In response to the growing concern about the mental health of students, the NSW Primary Principals' Association has partnered with leading experts to launch "The Anxiety Project." This initiative aims to address and alleviate anxiety-related issues among primary school students, providing a comprehensive approach to foster a supportive and nurturing learning environment.

Key Highlights:

1. Holistic Approach: The Anxiety Project adopts a holistic approach, encompassing mental health awareness, counselling services, and proactive measures to create a positive and inclusive atmosphere within primary schools.
2. Expert Collaboration: The project brings together renowned psychologists, educators and mental health professionals who will work together with school leaders to implement effective strategies and interventions.
3. Resource Development: A suite of resources, including educational materials, workshops, and toolkits, will be developed to empower educators in addressing anxiety-related challenges among their students.
4. Community Involvement: Recognising the importance of community support, The Anxiety Project encourages active involvement from parents, caregivers and local communities to create a network of understanding and assistance.

We believe that by addressing anxiety-related issues, schools can create an environment where students feel safe, supported and ready to learn. This initiative aligns with the TEPS's commitment to the holistic development of every child under their care.

How You Can Get Involved:

- Stay tuned for updates and announcements related to The Anxiety Project.
- Engage with your school community and participate in awareness campaigns organised by the school.
- Explore opportunities to contribute your skills or resources to support the initiative.

The Anxiety Project marks a pivotal moment in the educational landscape of NSW, signalling a collective effort to prioritise the mental well-being of primary school students. As we navigate these challenging times.



State-wide Check in Results

I wanted to share our school academic results this year compared to other public schools around the state.

Underneath I have highlighted our State-wide check in results for 2023. We are measured as Cohort (grade), School All (Same as grade), SSSG (Statistically Similar School Group – These are schools that have the same demographics as us and are what we should be performing like) and State (State average – all the Public Schools in the State) Year 5 fell away from State a bit but all other grade’s currently above or a small bit percentage below. Still well above SSSG.

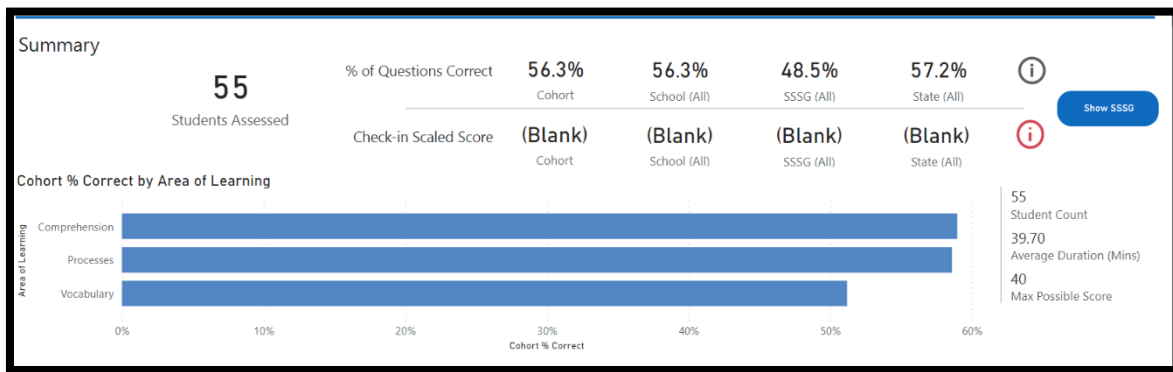
I have used a bit of a traffic light system to help show where we are at.

Green – Above

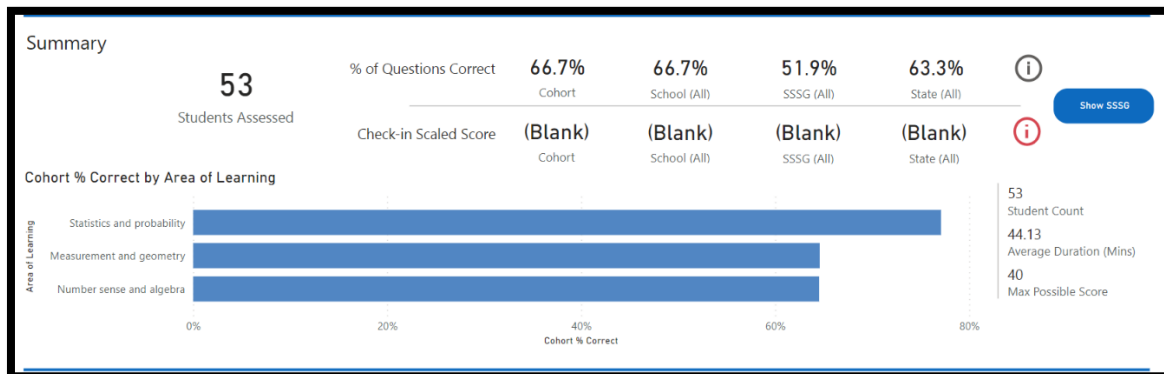
Magenta – Within 2%

Red – Below by more than 2%

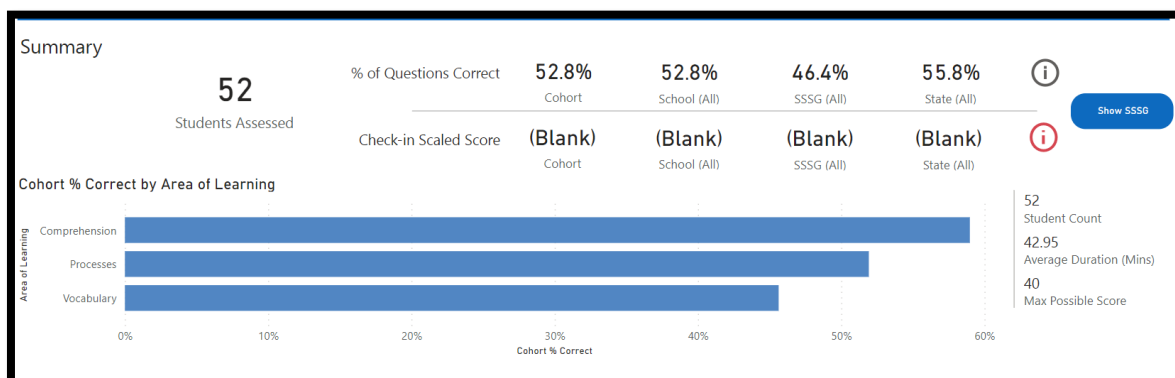
- Year 6 – Reading – **0.9% Below State** – **7.2% Above SSSG**



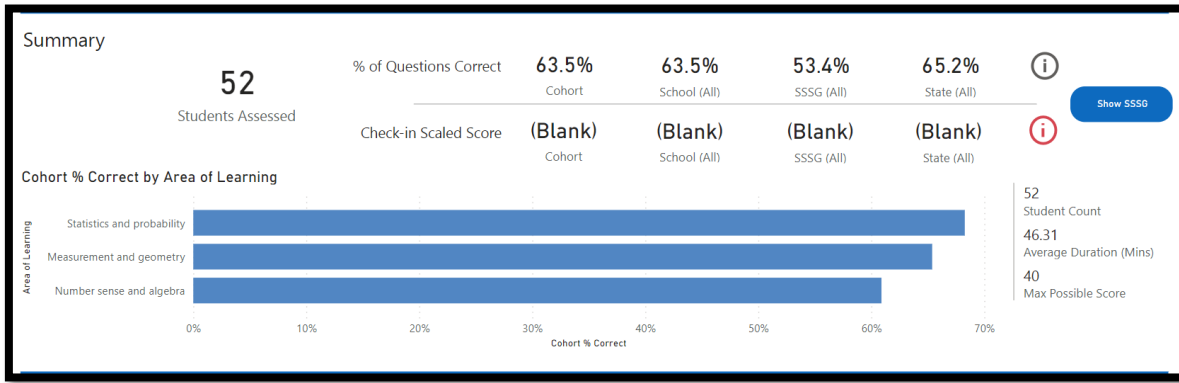
- Year 6 Numeracy – **3.4% Above State** – **14.8% Above SSSG**



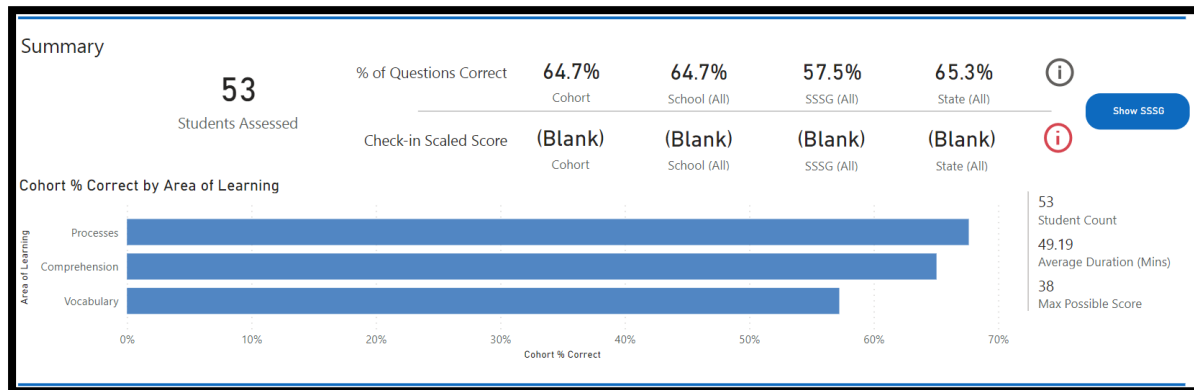
- Year 5 Reading – **3% Below State** – **6.4% Above SSSG**



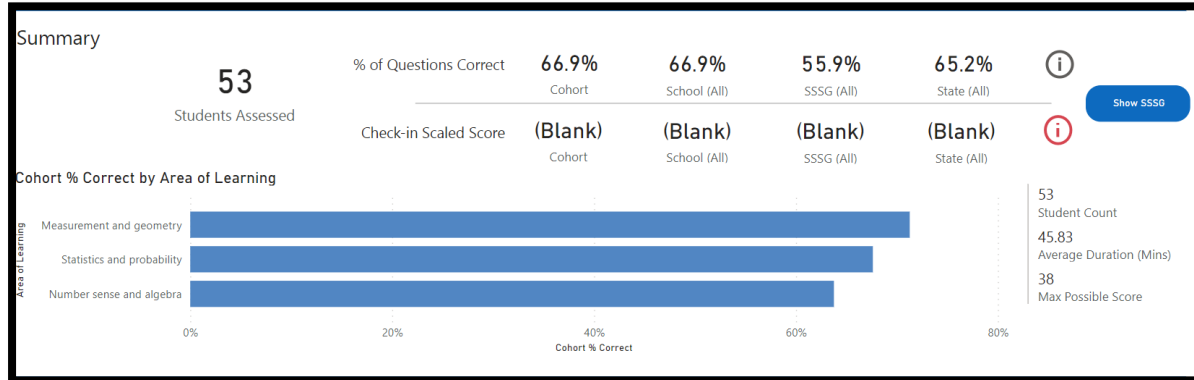
- Year 5 Numeracy – 1.7% Below State – 10.1% Above SSSG



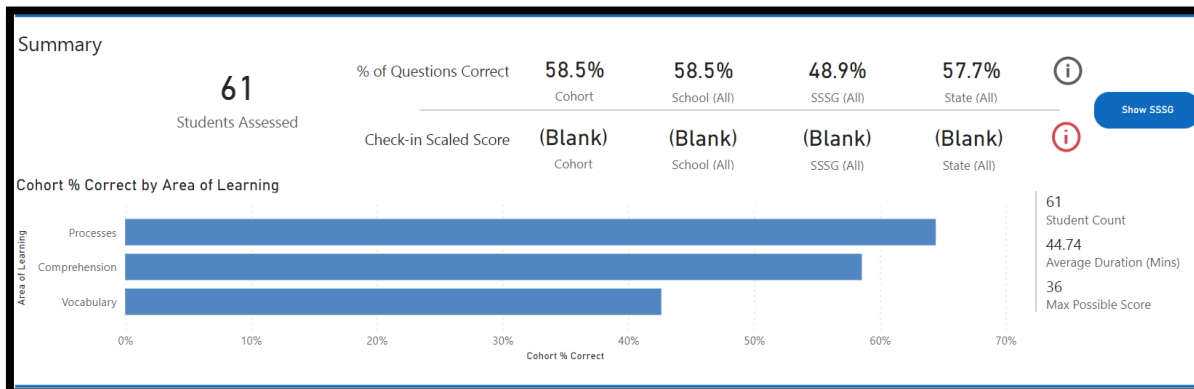
- Year 4 Reading – 0.6% Below State – 7.2% Above SSSG



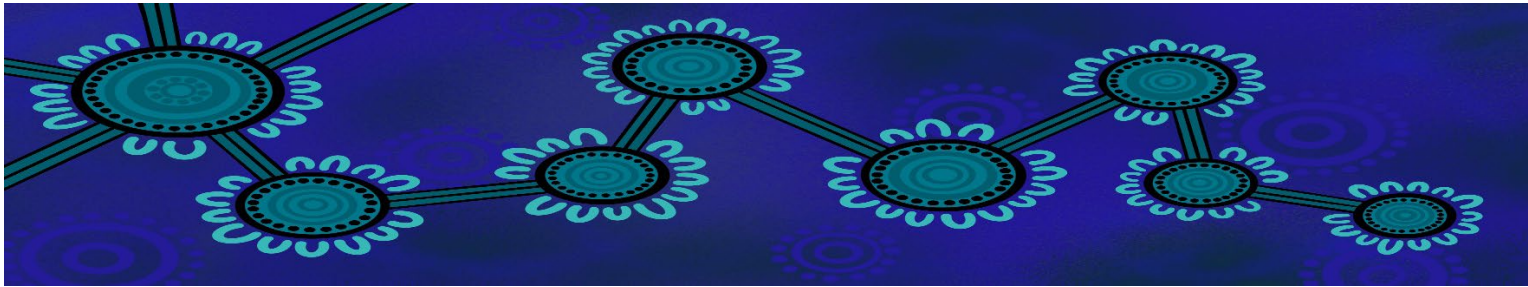
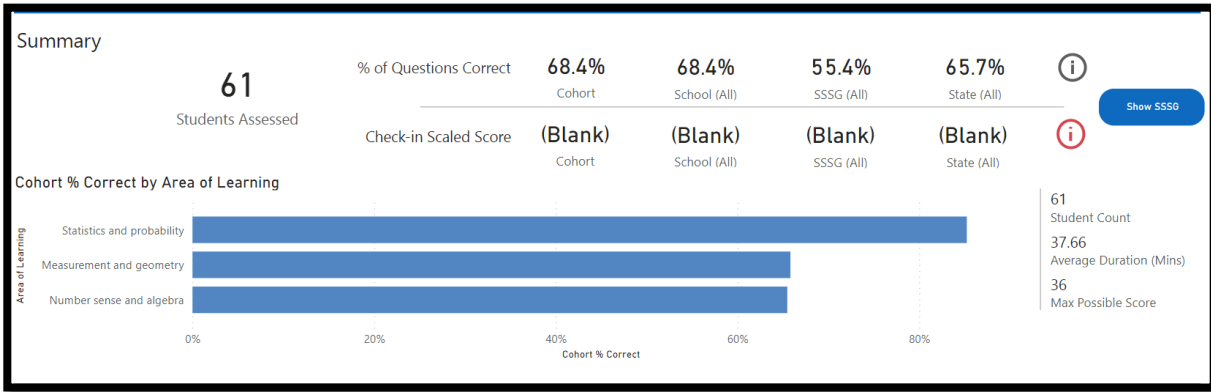
- Year 4 Numeracy – 4.7% Above State – 11% Above SSSG



- Year 3 – Reading – 0.8 Above State – 10.4% Above SSSG



- Year 3 – Numeracy (3T) – 2.7% Above State – 13% Above SSSG



Galungfest

Next Thursday our First Nation Community will celebrate Galungfest 2023 at The Dolphin Theatre, The Entrance Campus. This is an opportunity for our Aboriginal and Torres Strait Islander peoples to come together and celebrate education as a Kuriwa Aboriginal Education Consultant Group (AECG) community.

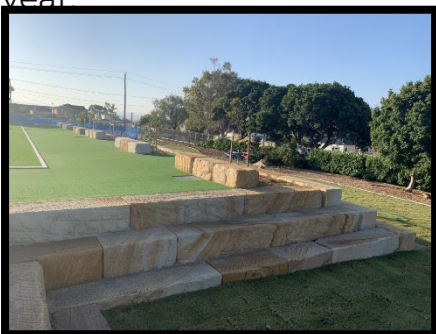
Recently the school received the Galungfest message stick from students at Berkeley Vale Campus and passed it onto students at Terrigal Public School.

The Galungfest Organising Committee supports students from the Kuriwa AECG with scholarships and recognises educational achievements success across our community.

The Entrance Public School is a proud supporter of Galungfest each year.

School Playground

The new school playground has proven to be a resounding success since its completion. Its vibrant design and layout have transformed the area into a hub of active learning and recreational joy. Students have eagerly participated in physical activities, enhancing their motor skills and overall wellbeing. We are hoping that the final part of the playground will be finalised next week as the senior fixed equipment will go in. The grass is taking well, and we have our fingers crossed that we can utilise this area before the end of school this year.



Lion's Club Collaborations

We are lucky to have the continual support of The Entrance Lion's Club. Recently they have been involved in 3 amazing programs within our school which support our staff and students.

Lion's Club Eyesight Testing

The ladies and gentlemen from the Lion's Club screened all the students across the school to ensure they had appropriate eyesight. Results were sent home to parents so you could follow up if needed.

Book Giving

The Lion's Club donated over \$4000 worth of books which were distributed to Stage 2 last week. The children were exceptionally excited to receive books they had chosen earlier in the week.

Public Speaking

The Lion's Club also invite winners of our public speaking competition to present their speeches at a speech night held at the Lion's Club headquarters. They then support the winners with a scholarship which pays for educational expenses in the following year.

We are exceptionally lucky to have the support of the Lion's Club.



We had a lovely assembly where The Lion's Club handed out our 'For the Love of Reading' books.
Thank you Lion's Club.

Reports

Teachers are madly in the process of finalising reports. These will go out in week 10. This will be the last year the school issues paper reports. Next year we will be moving to a digital report system.

Class Requests for 2024

Class formation at The Entrance Public School involve a meticulous process to ensure best student placement. Parents and guardians can submit preferences for specific teachers and classmates, and these are balanced with the school considering factors such as learning styles and social dynamics. We carefully review these requests, striving to accommodate preferences while maintaining balanced and diverse classrooms. Educational professionals assess each student's needs to create cohesive learning environments. Please note that not all requests can be guaranteed as we will always use our professional judgement when forming classes.

Diwali

November 12 was an important Hindu celebration called 'Diwali'.

Diwali is an important religious celebration that is celebrated by Hindus, Sikhs, Jain and some Buddhists.

It is known as the 'Festival of Lights' and marks the beginning of a new year in some parts of the world. In India, Diwali can run for 5 days.

Be at School Everyday Initiative (BaSE)

In some great news our 'Be at School Everyday' initiative has shown some improved results for our school's attendance. We now have a better attendance rate than the State average, Area average and Similar School's Group average. This was during the 'Sick Season' as well. Great work community. We would still like to get our 75%-85% attendees up and will continue to focus on them in the future! Remember, Be At School Everyday, even on your birthday!



EVERY DAY COUNTS... A day here or there doesn't seem like much, but...				
When your child misses just...	that equals...	which is...	and therefore, from kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed... **Every day counts!**

Chewing Gum

Sadly, we have had an increase in students bringing chewing gum to school and then spitting it out onto the ground. Chewing gum, unless properly disposed of can cause considerable damage to clothing and other items. At TEPS we do not allow chewing gum to be brought to school. Please remind your children that chewing gum is not to be taken to school.

Principal – Dave Stitt





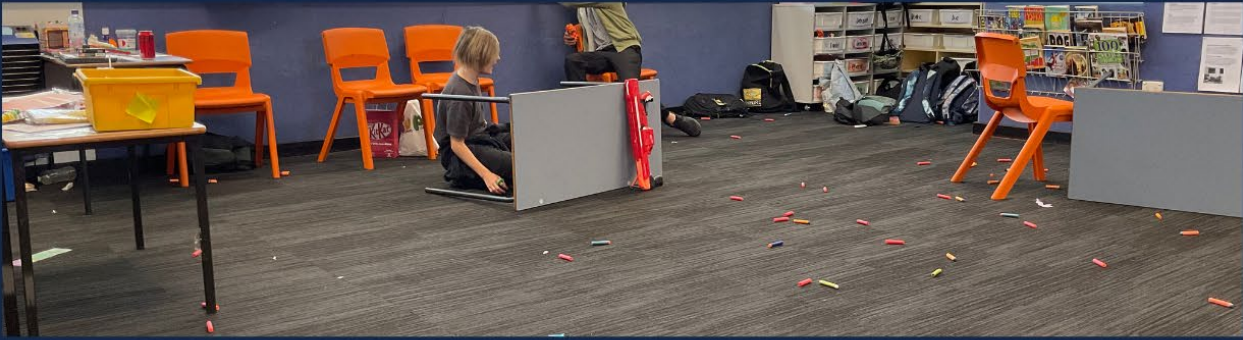
Stage 3 Fete

THE ENTRANCE PUBLIC SCHOOL 2023



Stage 3 Fete

THE ENTRANCE PUBLIC SCHOOL 2023



Stage 3 Fete

THE ENTRANCE PUBLIC SCHOOL 2023

2024

KINDERGARTEN ENROLMENTS

Do you have a child starting
Kindergarten in 2024?

Enrolments can be done
online at **The Entrance Public
School** webpage via the
enrolments tab

or pick up a hardcopy
from the office

You will need to provide:

- Child's birth certificate
- Child's Immunisation
History statement from
Medicare
- 100 points proof of
address



02 4332 2422





GARAWA PRESCHOOL

THE ENTRANCE PUBLIC SCHOOL

ACECQA Exceeding National Quality Standard Rating



A NURTURING ENVIRONMENT

WHERE CHILDREN FEEL

HAPPY, SAFE AND SECURE.

Contact us: 02 4332 2422

80 Oakland Avenue

The Entrance NSW 2261

Website: thentrance-p.schools.nsw.gov.au

Scan the QR code to access our [website](http://thentrance-p.schools.nsw.gov.au)

ENROLLING NOW FOR 2024



Have your details changed?

If any of your details have changed please fill in the following form and hand into school reception.



CHANGE OF ADDRESS AND PHONE NUMBERS

Students Name _____ Class _____
_____ Class _____
_____ Class _____

New address _____

Mother/Carer Name:	
Mobile:	Work No:
Email:	

Father/Carer Name:	
Mobile:	Work No:
Email:	

Emergency Contact Name:
Relationship to child:
Mobile:
Work:

Emergency Contact Name:
Relationship to child:
Mobile:
Work:

Notified by: _____ Date: _____

Emergency Contact Details

Please check your emergency contact details are correct and valid with the administration office



**Please contact the administration office
if you are NOT returning
to The Entrance Public School in 2024.**



**LEHP-Australia
Lions Eye Health Program**

Huge thanks to The Entrance Lions Club for providing free vision screening to the students at The Entrance Public School and Garawa Preschool. Reports from this screening process have now been sent home. Please contact the school if you need further information regarding this process or the results.



Bush Leaves (detail) © Janet Golder Kngwarreye • Licensed by Copyright Agency 2020

GulangFest 2023

Invitation

Aboriginal Cultural
Concert and Art
Exhibition

5 pm start

The Entrance Campus
The Dolphin Theatre

Free sausage sizzle
from
4.00 to 5.00pm

Kuriwa Local AECG

in partnership with

Tuggerah Lakes Learning Community

and **Terrigal Learning Alliance**

would like to invite you to join us at,

GULANGFEST
on the
23 November 2023.

Looking forward to seeing you there.

AUBREY BROWN
LAWYERS

Terrigal
Learning
Alliance

WRLCG
WYONG RUGBY LEAGUE CLUB GROUP

TLLC
TERRIGAL LEARNING ALLIANCE

**KURIWA
LOCAL AECG**

President

Kirsten Booker



Kuriwaaecg1@gmail.com

Gulangfest Art Competition

Gulangfest Art Competition is currently being displayed at Bay Village Shopping Centre.

We have 6 entrants: Terri P., Keira D., Allyrah B. and Grace S. who all submitted an individual artwork. Mikayla K. and Leah W. who submitted a collaborative artwork.

Amazing work from all our students!





TEPS CHRISTMAS CONCERT

When: Friday 8th December (Week 9)

Time: 12:30pm

**We invite you to come and join us as
we celebrate the Christmas Season!**

**P & C will be running a raffle and
BBQ lunch (to be pre-ordered).**



Waste Free Wednesday

The Entrance Public School is implementing a new sustainability program; Waste Free Wednesday. This will begin on Wednesday 6th September (Week 8) and run for the remainder of the year.

Students are encouraged to bring a waste free lunch box and avoid any plastic wrapping on Wednesdays. Students who engage in this initiative will receive TEPS Tails to encourage continued participation each week.

IDEAS FOR A WASTE FREE LUNCH:

- * SNACKS & LUNCHES IN A REUSABLE CONTAINER
- * DRINKS IN A REUSABLE BOTTLE
- * USE BEESWAX WRAPS OR SILICONE SANDWICH BAGS

WHAT TO AVOID

- * LUNCHES IN PLASTIC BAGS, CLING WRAP OR FOIL
- * DISPOSABLE BOTTLES AND JUICE BOXES
- * SNACKS PACKED IN SOFT PLASTICS E.G. CHIPS, MUESLI BARS, YOGHURTS



Healthy Lunch Box

Healthy Lunch Box website.

Your one-stop shop for all the information and ideas you need.



Try our interactive lunch box builder

Get kids involved in planning and packing a healthy lunch box



Snack ideas

Snack suggestions, swaps and recipes to make healthy snacking easy

Get inspired

Check out our ideas for sandwich fillings, sandwich alternatives and packed lunch boxes



Free, easy and delicious recipes

Hundreds of family-friendly recipes that can be filtered for dietary preferences

Keep up to date

Subscribe to our e-newsletter to get recipes, tips and ideas delivered to your inbox. Visit healthylunchbox.com.au/subscribe/



Visit healthylunchbox.com.au for recipes and information you can trust.



Cancer Council
Healthy Lunch Box

Pack your lunch box from these food groups

Breads and cereals



Water



Vegetables and salads



Fruit



Meat and alternatives



Dairy and alternatives



Visit healthylunchbox.com.au for recipes and information you can trust.



Cancer Council
Healthy Lunch Box

Nutrition Snippet

LUNCH BOX SNACKS

Need some quick and tasty snacks?



Check out these recipes that are easy to freeze and ready when you are!

- [Blueberry oat muffins](#)
- [Oaty biscuits](#)
- [Chewy fruit and seed bars](#)

For more ideas download our [Snack Solution guide](#)



Cancer Council
Healthy Lunch Box

Canteen News

TEPS needs Canteen volunteers.

Can you help 1 day a week? Even a couple of hours would help.

Please see Emma in Canteen.

End Of Term 4 Special

\$8.00

**Cheese Salad Bowl
Bottle of Water
and a Piece of Fruit**



P&C Fundraiser Xmas Concert

Sausage Sizzle

Friday 8th December

Lucky Door Prizes
to be won



Sausage Sizzle	\$5.00 each
Water	\$2.00
Juice/Flavoured Milk	\$2.80
Soft Drink (parents only)	\$3.00
Cupcakes	\$2.00 each

No other hot food available

To be paid at Canteen Only

orders/monies to be in no later
than Fri 1st December

NO LATE ORDERS ACCEPTED



Breakfast Club

Thank you to Coles the Entrance, Killarney Vale Bakery and The Entrance Food Hub for supporting our children with breakfast fruit and sandwiches.

P&C

This year for our Christmas Concert P&C will be having Lucky Door prizes instead of raffles.

We will also be having a pre-ordered sausage sizzle for students and parents.

Notes will be going home this week.

No other hot food available on day of concert.

Forms to be returned to canteen only. Eftpos available.

Drinks and cupcakes available on the day.



COASTWIDE THERAPY SERVICES

Clinics at - Killarney Vale, Toukley, Wyoming & Woy Woy

Ph: 02 4388 1110 Fax: 02 4311 3775

www.coastwidetherapy.com.au

admin@coastwidetherapy.com.au

Fine Motor

Fine motor skills involve the small muscles in your hands working to help you hold your pencil, do up buttons, using scissors, cutlery, beading, Lego construction etc. We use our hands every day for a whole range of activities, but some children may have trouble with these tasks. At school it may present as sore hands, messy handwriting, slow handwriting, clumsy hands, buttons done up poorly, inability to tie shoe-laces, unable to open containers at recess and lunch time, difficulty using zips, and difficulty moulding playdough.

So what can you do?

Using play as a way of practicing skills is the best way to help kids learn. Here are a few different ideas of activities you can do with your kids at home to help strengthen their muscles in their hands for fine motor tasks.

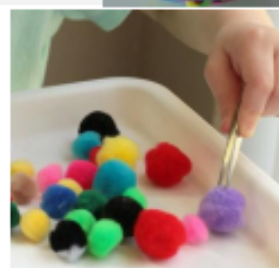
1. Play with playdough or make your own cookies and get your kids to help roll then squash the balls with their index finger. Can also use cookie cutters for half the batch. This helps to develop hand strength.



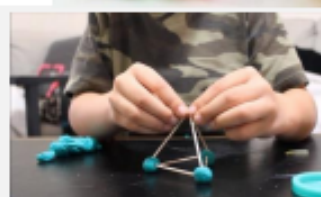
2. Wrap a small toy in rubber bands and get your child to remove all the rubber bands. This helps them to develop pinch strength needed for holding a pencil.



3. Use chopsticks/tongs/tweezers to move objects i.e. pom poms from one container to another. Tongs develops hand strength and tweezers/kids chop sticks develops finger strength. Can make it into a relay race between all of your children.



4. Make a tower or object using blue tack and toothpicks. This encourages your child to use their fingers to make precise movements. Can use playdough too.



Tuning in to Kids

Emotionally Intelligent Parenting

A six session parenting program for
parents of aged up to 12 years old

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?



Tuning in to Kids shows you how to help your child develop *emotional intelligence*.
Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success
than IQ!

Where: The Entrance Public School



When: **2024, Tuesdays 13th February, 20th February,
27th February, 5th March, 12th March, 19th March,
9.30am till 12noon.**

Contact: Wayne Osborne (Ossie) 0493 084 647

TASK

Holidays

OURIMBAH PS

BOOKINGS CLOSE WED 13 DEC

MONDAY
18 DEC

END OF YEAR
PARTY

Celebrate

a year of adventure,
friends, and **Fun** with
games, music, and
surprises at the
ultimate *Task-tastic*
End of Year Party!



Full Fee - \$75

TUESDAY
19 DEC

WONKA
FACTORY

Step into a
world of pure
imagination
as we explore
Wonka's
fantastical
factory on a
cinematic
excursion

Full Fee - \$96



HOURS
Mon - Fri
7am - 6pm

BOOKINGS
task-kids.com.au
enrol@task-kids.com.au
1300 827 500

The
After
School
Klub

Please read BOOK ME description for detailed information • Excursion days - places limited • TASK is egg & nut free • Afternoon tea provided • All Holiday Program subject to change • Each day please bring: recess, lunch and water bottle, hat, raincoat, socks, covered shoes and jumper - all labelled.

Go4Fun

Go4Fun is a **FREE** 10-week healthy lifestyle program for children aged 7 to 13 to enjoy along with their families. It is a fun way for kids to build confidence, reduce screen time and learn to feel good with nutrition... plus win prizes!

Term 1, 2024 programs will take place at:

- Niagara Park Stadium
- Lake Haven Recreation Centre
- Mingaletta Aboriginal and Torres Strait Islander Corp.
- Go4Fun Online

To register, visit go4fun.com.au or call 1800 780 900 or SMS 0409 745 645 for a call back.



Central Coast
Local Health District



THE ENTRANCE

LEARN TO SING!

FROM BEGINNERS TO SUPERSTARS.

GROUP & PRIVATE LESSONS

4YRS - ADULT



SCHOOL OF ENTERTAINMENT

RISESCHOOLOFENTERTAINMENT.COM





Volunteer Recruitment *Drive*

About us

Meals on Wheels Central Coast has proudly supported Central Coast seniors and people with disabilities for over 54 years, providing affordable meals, social support, and a helping hand. Assisted by an army of dedicated volunteers, our trusted service has helped thousands of locals to live happily, healthily and independently.

The Opportunity

As a volunteer, you will have the opportunity to develop new skills, meet new people and gain a sense of fulfillment, as you help our Central Coast community.

Volunteering opportunities include:

- **Community Restaurants** – provides a fantastic weekly social outing for our clients, offering morning tea, hot lunch, dessert and beverages, along with fun-filled social activities
- **Assisted Shopping Program** – gives our clients a chance to shop at their local stores with the help of one of our wonderful volunteers
- **Online Shopping Assistance** – helps our clients to order everyday groceries from Woolworths or Coles.

Join today!

4357 8444 | www.ccmow.com.au/volunteering



Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join, participants must:

- Have a current health care card OR pensioner concession card
- Be studying yourself OR have a child in school
- Have regular income from work, yourself OR your partner

For full eligibility requirements, speak to a Saver Plus Coordinator.

Here are some of the school costs the \$500 can be used for:

- | | | |
|---|---|---|
|  |  |  |
| laptops & tablets | uniforms & shoes | books & supplies |
|  |  |  |
| sports fees & gear | lessons & activities | camps & excursion |

For more information, please contact Saver Plus:

 saverplus@bsl.org.au

 saverplus.org.au

 1300 610 355

 @SaverPlusAU

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

If an extra \$500 would help you prepare for the costs of starting high school in 2024, then please read on to learn more about the free Saver Plus program.

Saver Plus is a matched savings and financial education program that matches participants' savings dollar-for-dollar up to \$500 for education costs such as uniforms, books, excursions, sports fees and laptops.

Participants save for a period of 10 months, so families who start now will be able to complete the program and receive their matched savings in February 2024.