

The Entrance Public School

NEWSLETTER



A partner school



Oakland Avenue, The Entrance, N.S.W. 2261
Phone: (02) 4332 2422 | **Fax:** 4334 3202
Email: thentrance-p.school@det.nsw.edu.au
Web: www.thentrance-p.schools.nsw.edu.au

DATES TO REMEMBER

Fri 17 Nov	P-6 Assembly 9:30am
Mon 27 Nov	Helpers Morning Tea
Fri 1 Dec	P-6 Assembly 9:30am
Mon 4 Dec	Carols at Lakeside
Tues 5 Dec	Stage 3 Fishing Mob
Wed 6 Dec	Tumbi Gala Day – Year 6
	Christmas Concert
	4-5pm Santa Visit
	5-6pm Concert
Thurs 7	Books in Homes Assembly 9:30am
	Scripture Christmas Assembly 12pm
Fri 8	K-6 Obstasplash Onward & Upward Day
Mon 11	Yrs 3-6 Presentation Day 9:30am
	Carols at Lakeside
Tues 12	K-2 Presentation Day
	Year 6 Farewell at
	Diggers @ The Entrance 5:30pm

KINDERGARTEN 2018

If you have a child or know of a child that may be starting at The Entrance Public School in 2018, could you please contact the office ASAP for enrolment and Headstart information



In conjunction with TransportNSW New Train Timetable commencing 26 November 17, Red Bus will be commencing a New Bus Timetable 26 November 17 which will affect some route and School Services.

Drivers will issue notices to students from Monday 13th November 17 if their service is changing. If you could also place a notice in your next School Newsletter and/ or School Assembly about the upcoming changes and advise Parents & Students to check the Red Bus Web Site for School Service Changes.

Our Web Site Address is <https://redbus.com.au/school-services/school-bus-timetables>

PRINCIPAL'S REPORT

Welcome to Week 6, congratulations to our 8 candidates that will run for our leadership positions for 2018. I am very proud and reassured that our school and local community possess so many fine children. Congratulations also to our students who have demonstrated outstanding commitment to their learning and in improving their personal best in all areas, and for wearing their uniform with pride.

Congratulations to our stage 3 students and the teachers for a wonderful fete last Friday, everyone had an amazing time with lots of fun and laughter. Well done also to the rest of the students for their excellent behaviour.

Congratulations to all the students that have visited my office in the last fortnight to show me their wonderful writing and maths. The quality of work is truly outstanding and shows that The Entrance Public School has very talented students and amazing teachers.

Please be aware that over the next few weeks the police will have a greater presence in the area especially around the school in the mornings and afternoons. I urge all motorists and pedestrians to continue to obey the road safety laws to ensure the safety of our students and school community, especially in the Kiss and Ride zone.

A reminder that the toilets at school are for The Entrance Public School students use only. Visitors to the school throughout the day including before school in the morning and afternoon pick up that need to use the toilets need to see the office and be directed to a staff or visitor toilet. Thank you for your assistance with this issue as it is for the safety of our students and is a child protection issue.

Choosing the right shoes: School shoes may all look the same but the cost can vary from about \$30 to \$120 and beyond. Does a more expensive shoe mean a better shoe? Find out more:

<http://www.schoolatoz.nsw.edu.au/wellbeing/health/choosing-the-right-school-shoes>

Jargon explained: If your child's teacher mentions G&T in the COLA, she's actually talking about gifted and talented classes being held in the covered outdoor learning area.

More school jargon explained:

<http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/school-jargon-busters>

Where's the octopus

Wow - it's videos like this that show kids how cool studying science can be. Watch it with them: <http://www.youtube.com/watch?v=aoCzZHcwKxl&feature=youtu.be>

Have a great week

Mark Rudd
Principal

TEPS Christmas Concert 2017

When: Wednesday 6th December 2017

Santa Arrives: 4pm – 5pm;

Christmas Concert: 5pm -6:30pm.

Christmas Raffles will take place during the concert.

All family and friends are welcome.

Sausage sizzle, drinks and refreshments will be available.



Leave a message for Natasha Harman at the office for more information regarding Santa letters.

KOORI CHOIR

Our T.E.P.S Koori Choir attended their last workshop for 2017 at Bateau Bay Primary School on Wednesday. It has been a busy year for our students who performed at various venues, including Gulangfest and the Country Women Association's conference at Mingara. The end-of-year celebration included a pizza party after the performance with delicious pizzas supplied by Cresthaven Pizza Hut.

Mrs. Hindson and Mrs. Canobie would like to THANK our amazing Koori Choir students for a fantastic year of commitment and dedication.



DEPUTY PRINCIPAL'S REPORT

We are half way through the term and speeding towards the end of the year and the calendar is full of exciting events. Just a reminder to all students that full school uniform is expected to be worn every day with a school hat and plain white socks. Parents, your assistance with this is appreciated.

Kinder Headstart

It has been wonderful to see all our new little cherubs visiting 'big school' over the past month and seeing how our school works and the routines and expectations expected of them. Many thanks to Mrs Ainslie and her amazing Kinder team and many other staff who have supported the program to run so smoothly.

Tumbi Orientation Day – Year 6

As we welcome our new Kinders for 2018, our Year 6 students have headed off to Tumbi Campus with the Year 6 teachers to have their Year 7 Orientation Day. Here, they get to meet kids from the other feeder schools and it is another great opportunity to relieve anxiety about the high school transition, meet teachers, and know the layout and expectations of the school. Mrs Martinez has been incredible at coordinating the orientation days, Tumbi Taster Days, Passport to Tumbi events as well as huge amounts of paperwork for a smooth transition program and I thank her for her organisation and time, together with Mrs Chaffer and Miss Dawson.

YEAR 6 FETE

IT WAS GREAT! How much fun did we all have! Well done to the incredible Year 6 students who displayed great leadership and organisational skills last Friday running their fete. I particularly enjoyed getting wet at the sponge throwing stand and must say – LOTS of kids from TEPS have an awfully GOOD AIM!!!!

Attendance

Just a reminder that attendance still counts at the end of the year! It is important your child comes to school every single day. It is surprising how quickly an attendance rate can drop to an unsatisfactory level. Learning is happening every day at school up to the very end of the year.

Captains, Vice Captains and Sports Captains 2018

Yesterday was the day for Jackson, Amien, Jayden, Brendan, Kaitlyn, Amelia, Scarlett and Teagan to present their speeches to the Year 3–5 school assembly. These grades and the staff will then vote and the Captains and Vice Captains for 2018 will be announced at the end of this week. Sports Captain speeches will be run Week 6 in house meetings.

Have a wonderful fortnight TEPS!

Nicole Heazlewood
Deputy Principal



Respect
Responsibility
Personal Best

The Entrance Public School

School Captains Voting Procedure

2018 School Captains and House Captains voting procedure

1. A list is made up of all interested Year 5 students who have received and or are eligible for 3 Onward and Upward Awards and have not had major incidents in either the class or playground prior to the process beginning plus any new or old student who would have been eligible for 3 Onward and Upward Awards had they been at the school all year. (Old students are those students who are not eligible because they have been absent due to prolonged illness or family holidays, etc.)
2. Those eligible students in Year 5 are gathered together and the deputy principal will explain the Duties and Responsibilities of a School Captain or House Captain and the election process. They are asked to go home and discuss it with their parents.
3. Students who wish to stand request a copy of the 'Duties and Responsibilities of a School Captain', and a copy of the 'Pledge of Office' which is signed by both student and parent and returned to the deputy principal.
4. Year 5 students and staff vote for 2 boys and 2 girls to stand for captain and vice-captain. A similar process occurs for house captains and vice captains if necessary. Approximately 4-5 candidates are chosen for each ballot. Once school captains are voted for and elected, nominations are made for house captains.
5. Each student will take home a congratulatory letter and a letter setting out suggestions/guidelines for making a speech (end of Week 4).
6. Students standing for election will be acknowledged in the School Newsletter and the dates of the speeches will be announced via a separate letter.
7. Students will each prepare a very short speech and be given the opportunity to practice using the microphone, etc.
8. Students will present their speeches to Years 3, 4 & 5 at an assembly in Week 5.
9. Immediately following the speeches the Year 3 to 5 students will return to their classrooms and vote. Students will vote for two girls and two boys of their choice. Students will vote individually and confidentially. The completed voting papers will be placed in an envelope and sent to the Deputy Principal and Stage 3 Assistant Principal for counting.
10. All staff will be given voting slips to cast their vote.
11. House captain voting will follow a similar procedure. Students present their speeches to their house members, who will then vote.



School Banking has arrived at our school with The Greater. Vicki and Aleisha from The Greater will be at school Friday mornings to help open your child's bank account with \$5. Any student who wishes to bank money can bring their bank book and money to the office on **Friday mornings**.

Ms Ally Bayfield
Organising Teacher

K-6 B NEWS

K-6B

Rehearsals are underway for our TEPS Christmas Concert on **Wednesday 6 December**. All our students have been rehearsing and will be performing with their own year group. It has been brought to my attention that the Christmas Concert is on the same night as The Special Children's Christmas Party, please note that the concert is not compulsory and it is therefore your choice which event your child attends.

K6B will be performing with 5D at our School Assembly on **Friday 1 December**. If possible, please dress your child in red and white on the day. Please also put their school uniform in their bag to change into after the assembly. Thank you.

ASSEMBLY AWARDS

Congratulations to the following students who received merit awards at our last assembly:

Gabriel – for a responsible and positive approach to her personal health.

Jett – for putting 100% effort into everything he does.

HOME READING AWARDS

Ryan – 275 nights (Sea Caves)

Cait – 100 nights (Coral)

Mary Best & Deb Eastment
Support Class Team

KINDERGARTEN NEWS

K

Congratulations to the following students who have received their **Home Reading Awards**:

KA:

25 nights Tiahna

50 nights Aidan

125 nights Liam, Isabelle

150 nights Chloe

KQ:

100 nights Aaron

150 nights Harmony, Zach, Mariam

175 nights Sereaya-Lee

KW:

100 nights Sahibjot

KD:

75 nights Shakira

125 nights William

150 nights Ilana, Kyarn

175 nights Bailee



A big thumbs up to everyone who received an award at our mini assembly. Keep up the great work.

Stephanie Ainslie, Nicole Quye, Kurt Walker and Donna Andrews

STAGE 1 NEWS

Stage 1 had a fabulous time at the Year 6 fete last Friday. Well done Year 6 for your great organisation!

1

2



Congratulations to the following children who received a class award at our Stage 1 Assembly. Our clever home readers are included as well.

2K:**Class awards:**

Kalais – Wonderful descriptive writing
Billy – Improved focus in independent group work

Value awards:

Johnson – Having a wonderful attitude towards his learning
Cohen – Clever contributions to class discussions

225 nights: Cameron

275 nights: Hannah

2P:**Class awards:**

Hope – For excellent work in maths
Aidan – Being an addition whizz!

Value awards:

Isaiah – Always showing kindness and respect
Talia – A focussed, independent worker

25 nights: George

100 nights: Talia

225 nights: Gabriel

275 nights: Stephanie

2L:**Class award:**

Zylah – Great work in Literacy groups
Trey – Great work in Maths

Values award:

Jade – For being a great friend
Kayden – For being an awesome friend

175 & 200 nights: Pyper

1M:**Class awards:**

Stevie Mae – being an outstanding friend
Katie – Improved listening

Value awards:

Jarryd – Welcome to 1M
Callum – being kind, considerate and complimentary towards his classmates

1K:**Class awards:**

Kaiden – Improved resilience and a dedicated attitude
Joe – Improved focus and persistence in the classroom

Value awards:

Michelle – Always having a big smile and being a helpful class member
Ruby – Being a sharing, caring and respectful friend

75 nights: Tianshu Li

200 nights: Genna

225 nights: Kaiden

250 nights: Caleb

275 nights: Ruby

1B:**Class awards:**

Davi – A fabulous start at TEPS. Welcome!
Aston – Trying hard to improve his handwriting

Value awards:

Dylan – An amazing buddy and friend to our new class member

Jacqui – Always doing her personal best

75 nights: Baily

150 nights: Ava

Regards**Stage 1 Team****STAGE 2 NEWS**

3

4

Welcome to Week 6. Stage 2 students have been working hard and have now completed their end of year formal assessments. Teachers are in the midst of preparing end of year reports and highlighting the achievements for each student, along with identifying areas for focus in 2018.

**CHRISTMAS CREATIVE ARTS ELECTIVES**

Began last Friday afternoon. Stage 2 students attended the Creative Arts elective group of their choice and seeing the project that they will be creating over the next 5 weeks.

The children were all very keen to get started, so as to be completed in time Christmas.

A GOOD NIGHT OF SLEEP helps students to be more alert in class, especially first session. Class time is when authentic learning occurs and this can't happen if a student is too tired, or misses part of the learning by being late, through sleeping in. Sleep enhances optimal brain activity therefore promoting increased concentration and attention. Sleep promotes memory retention and recall. Maintaining an appropriate routine bed time for your children is encouraged, for not only optimum learning, but behaviour, organisation and overall wellbeing.

**HEAD LICE** cases have increased across Stage 2 students

over the past few weeks. The only way to eradicate these outbreaks is through regular head checks and treatment as required for every child. Unfortunately it only takes a few live lice or missed eggs to spark a new infestation. Please check your child's hair daily and

treat with recommended lice treatments before returning to school.

Stage 2 Teachers

Mrs Haslam (4N), Ms Ambrose/Ms Brummell (4A), Mrs Bayfield/ Miss Cooper (4B), Mrs Canobie (3C), Mrs Kirk (3K) and Ms Wilson (3W)

STAGE 3 NEWS

5

6

Past the half way mark now!

Congratulations to Year 6 who raised over \$5,500 at the Fete - what an effort! We definitely have some entrepreneurs amongst us. Massive thank you to all who helped - parents, teachers, teachers' aides and the office ladies. A special mention to Miss Dawson who went above and beyond the call of duty.



Sun, Surf and Sand

We are so excited to begin this week! Please ensure that your child has returned their notes to their class teachers. Sun, Surf and Sand forms part of our PE program. Despite your child's swimming ability, they will be walking to The Entrance Baths and participating in sport on the sand. Please remind your child to pack sunscreen, a hat and lots of water. Sneakers **must** be worn on this day.

Year 5 News

- Well done to those students who have delivered their captaincy speeches. The potential leadership team is already looking strong! Remember, TEPS offers many leadership positions for all students (sport captains, environmental representatives, SRC and buddies for kindy).
- Please remember to fill out and order your child's **Year 6 shirt/s** for 2018! It's a rite of passage for all Year 6 students. I still have mine from a really, really long time ago!

Year 6 News

- Orientation Day for Tumby Umbi Campus was on Wednesday (15th Nov). All students who attended were treated to a great day of learning and getting to know the school.
- The Gala Day at Tumby will be in Week 9, December 6th. You should have received information from TUC in the mail regarding this day (along with the information about Orientation) but also look out for another permission note and medical note to attend.
- Thank you to all who have handed in a picture for the Yr 6 video and who have emailed a photo. You will have these photos returned to you hopefully by the end of week 7. I hope to have the video completed by week 9. Please ensure your photo has been emailed by then (cherryl.martinez2@det.nsw.edu.au).
- A few students have been asking about dress code for the Yr 6 farewell. The dress code is smart casual. They will be receiving their invitations soon.

That's all folks! For now, anyway!

Kind Regards,

Miss Martinez

cherryl.martinez2@det.nsw.edu.au

S3 Relieving Assistant Principal



Gardening Group



Every Monday Lunchtime

(Meet Ms Wilson & Mrs Best
by the Environment Display, next to Oasis)

Open to all interested students K-6

Don't

forget

CANTEEN NEWS

Hi Everyone,

Just a reminder our new menu is out, we have had a few price increases and no longer sell slushies or hot dogs.

CANTEEN ROSTER

Thurs 16 th Nov	Razaan, Judith	
Fri 17 th	Kylie, Sue, Kathy	
Mon 20 th	Kathy, Sarah	HELP NEEDED
Tues 21 st	Sammi, Sue	
Wed 22 nd	Kathy	HELP NEEDED
Thurs 23 rd	Razaan, Judith	
Fri 24 th	Kylie, Sue, Kathy	HELP NEEDED
Mon 27 th	Kathy, Sarah	HELP NEEDED
Tues 28 th	Sammie, Sue	
Wed 29 th	Kathy	HELP NEEDED

Cheers,
Emma Brophy
 4333 5174



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Contact
 Meredith Lawson
 your local Saver Plus Coordinator

Phone
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Email
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Greater Bank Branch Manager Vicki McBeath is visiting The Entrance Primary School Fair on Saturday 19th August and every Friday morning in the assembly hall, with \$5 vouchers and welcome packs to kick start your child's savings.

Here's how:
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The Entrance Community Centre Presents
Christmas Carols

* **Jumping Castle** **FREE Sausage Sizzle**
FREE Face Painting **Santa Photos**

Singing by local Choirs

4.30 - 7.30pm
cnr Battley & Oakland Ave

Thursday 14th December

#SHOEBOX REVOLUTION

Contact Nicole 0427 671482

benevolent

Steering Frustrated Kids Away From Aggression



Some time ago, a parent called for a phone session to talk about her aggressive eight-year old son. Over the course of our conversation, a few things became clear.

First, mum was overwhelmed by her son's behaviour. Her little boy could be as sweet as honey when life was going well for him, but when he was **frustrated**; he became **physically aggressive** to whoever was in striking distance. She was flooded by the drama of tip toeing around him.

I discovered that mum had a very difficult pregnancy, felt **guilty** about traveling a lot for her job, and tended to cave in to her son's requests in order to "make him happy." When I asked how often her son cried, she said, "Almost never."

And therein lies at least part of the problem. I explained to this mother that children need to feel their **disappointment**—the weight of it, the **sorrow** that comes from not getting what they want—if they are to develop the muscle of **resilience**.

This issue—helping children **adapt** rather than move toward **aggression** when they are **frustrated**—is one that parents of children from babies through teens often struggle with. In fact, I use the approach I teach on myself when I am frustrated—talking myself through **Denial**, **Anger** and **Bargaining** into the vulnerable experience of simply being **sad**.

The next time your child is **frustrated**, notice **what feelings come up for you** that might move you to try to fix their problem or talk them out of their feelings. It can be painful to watch our kids struggle, but ultimately, **if we can manage our feelings** around their unhappiness, we become better able to support them to cope with their frustration so that **they can grow into more resilient adults**.

<https://susanstiffelman.com/steering-frustrated-kids-away-aggression/>



Girl Guides invite you to Come and Try Guides!

At your local Jnr Guide, Guide OR Snr Guide meeting

TUES. 5PM-6:30PM 5-10YRS	WED. 7PM-9PM 14-18YRS	THURS. 6PM-8PM 10-14YRS
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Guides enjoy cooking, craft, games, earning badges & personal challenges, outdoor activities, camping and more...

GIRLS HAVING FUN TODAY – LEADING THE WORLD TOMORROW

Wyang Guide Hall : Levitt St WYONG

Please call Cathy THOMSEN on **0439454468** to join us for a free night.

Or visit our website www.girlguides-nswact.org.au to find out more about Guides in your area.



...Cuppa and a Chat...

For Parents/Carers of kids with additional needs.

WHEN: Friday 24th November
TIME: 2pm to 3pm
WHERE: TEPS Library

Please RSVP by Tuesday 21st November for catering purposes.
See tear off slip below.

Chat with like-minded parents/carers

Develop friendships

For more information please phone Community Links Worker, Natasha Harman on 0498 624 476

Afternoon tea provided



Share Info

TO RSVP to a Cuppa and a Chat—PLEASE COMPLETE THIS SLIP AND HAND IN TO THE SCHOOL OFFICE BY 21st NOVEMBER. Thank you!

NAME/S OF PEOPLE ATTENDING: _____

CHILDS NAME AND CLASS: _____

GRAND matters

CENTRAL COAST



Presented by **FAMILY SUPPORT SERVICES**

Friday 17 NOV

A forum for Central Coast Grandparents Raising Grandchildren.
Mingara Recreation Club

Dr John Irvine
CentreLink
Connecting Carers
Mirabel Foundation
Create
NSW Health



8:30am registrations
9:30am start - 2:30pm
Lunch included
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call 4340 1585
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Instead of that, Say this.



Simple phrases and ideas for diffusing tough situations with your child.

 <p>What were you thinking?!?!?</p> <p>Instead say: I'm going to help you with this.</p>	<p>How many times do I have to tell you?</p> <p>Instead say: I'm going to do () so that it will be easier for you.</p>	<p>Stop it! You are embarrassing me!</p> <p>Instead say: Let's go to a quieter place to get this sorted out.</p> 
<p>If you don't stop that, no Xbox for a week!</p> <p>Instead say: I can see this is tricky for you. We are going to solve this later. Let's get a drink of water.</p>	<p>Go to your room!</p> <p>Instead say: Come here. I've got you.</p> 	<p>No stars on the star chart for you!</p> <p>Instead say: Let's figure out a better way for next time.</p> 
<p>Stop. That. Right. NOW!</p> <p>Instead say: If you need to get your mad out - then go ahead. It's okay. I've got you.</p> 	<p>*Silent eye-roll and frustrated sigh*</p> <p>Instead do: *Kindness in your eyes and a compassionate hair tousle*</p>	<p>You are IMPOSSIBLE!</p> <p>Instead say: We will get this figured out. I can handle ALL of you. It's all good.</p> 

 **DR. VANESSA LAPOINTE**

CHANGE OF ADDRESS AND PHONE NUMBERS ADVICE

Students Name _____ Class _____

Students Name _____ Class _____

Students Name _____ Class _____

New Address _____

Mother/Carer Name _____

(Wk) _____ (M) _____

Father/Carer Name _____

(Wk) _____ (M) _____

Emergency Contact Phone Numbers:

Name _____ Relationship to student _____

Phone Nos _____

Name _____ Relationship to student _____

Phone Nos _____

SCHOOL LEAVERS 2017

Childs Name/s:

_____ Class: _____

_____ Class: _____

_____ Class: _____

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Dr Paramjit Singh
Dr Thomas Bennett

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