

# The Entrance Public School

## NEWSLETTER



Oakland Avenue, The Entrance, N.S.W. 2261  
**Phone:** (02) 4332 2422 | **Fax:** 4334 3202  
**Email:** [thentrance-p.school@det.nsw.edu.au](mailto:thentrance-p.school@det.nsw.edu.au)  
**Web:** [www.thentrance-p.schools.nsw.edu.au](http://www.thentrance-p.schools.nsw.edu.au)

**DATES TO REMEMBER**

<b>Wed 18 Oct</b>	<b>to Wed 8 Nov Kindergarten 2018</b>
	<b>Headstart 9:30am – 11am (4 weeks)</b>
<b>Fri 20 Oct</b>	<b>Grandparents Day</b>
	<b>10am Whole School Assembly</b>
<b>Mon 23 Oct</b>	<b>to Fri 3 Nov - Swim Scheme</b>
<b>Fri 3 Nov</b>	<b>P-6 Assembly</b>
<b>Fri 10 Nov</b>	<b>Year 6 Fete</b>
<b>Wed 15 Nov</b>	<b>Tumbi Orientation Day for Year 6</b>
	<b>Stage 3 Oz Tag Gala Day</b>
<b>Mon 4 Dec</b>	<b>Carols at Lakeside</b>
<b>Wed 6 Dec</b>	<b>Tumbi Gala Day for Year 6</b>
	<b>4pm Christmas Concert</b>
<b>Mon 11 Dec</b>	<b>9:30am Years 3-6 Presentation Day</b>
<b>Tues 12 Dec</b>	<b>9:30am K-2 Presentation Day</b>
	<b>Year 6 Farewell at Diggers</b>

**KINDERGARTEN 2018**

If you have a child or know of a child that may be starting at The Entrance Public School in 2018, could you please contact the office ASAP for enrolment and Headstart information.

**PRINCIPAL'S REPORT**

Welcome to Term 4, and already the students have settled back into their class routines and as I visit classes the amazing work that is happening every day is pleasing. This term is 10 weeks and we are already in Week 2.

Congratulations to those students who are reading every night, we have started handing out our 300 night reading certificates. Keep up the great work.

Good luck to all our swim school participants over the next two weeks. The skills that will be developed will mean this summer our students will be safer in and around water. I also look forward to a big participant rate at next years' swimming carnival.

Our "Headstart" program for the 2018 kindergarten students is in full swing and it is amazing how confident and prepared the students are in their last year before Big School. It is not too late to join the "Headstart". If you know of any families in our area that have children that are old enough to start school next year, ask them to contact our office.

A reminder that the toilets at school are for The Entrance Public School students use only. Visitors to the school throughout the day, including before school, in the morning and afternoon pick up, who need to use the toilets need to see the office and be directed to a staff or visitor toilet. Thank you for your assistance with this issue as it is for the safety of our students and is a child protection issue.

**Kids, social media and privacy:** Regardless of your child's age, the world may already know a lot more about them than you suspect. According to recent research:

- 92% of children under the age of 2 have a digital shadow (- it starts with proud parents posting newborn baby photos on Facebook or Instagram)
- a quarter of Australian children 8-12 years old use Facebook, but the minimum age for a user is 13 years.
- more than 20 per cent of tweens publish photos of themselves on Instagram
- young people 14-19 years old have an average of 453 fans, friends or followers on social media.

Have a great week!

**Mark Rudd**  
Principal

**DEPUTY PRINCIPALS REPORT**

Welcome back to Term 4 TEPS! I cannot believe how quickly the year is flying by. The students have again settled in quickly to their school routine and I want to thank our dedicated staff and support staff for their planning over the holidays ready for the term to start with engaging programs.

This week has been an exciting week for Year 5 as we spoke about the duties and responsibilities of School Captains and House Captains. I was overwhelmed by the amount of interested, dedicated and excited future leaders in the room and know it's going to be a hard decision to make. Year 5 candidates, don't forget to bring your signed forms back to your class teacher asap.

I hung out with the newly formed 2017 Girls Group with Mrs Saunders last Friday 'The Deadly Sisters'. This group program is run by the PCYC and it was great seeing the girls in their new t-shirts as they created some art.



Don't forget to bring your hat to school every day, and as the weather gets hotter, slap on some sunscreen before school!

Have a wonderful fortnight.

**Nicole Heazlewood**  
Deputy Principal



School Banking has arrived at our school with The Greater. Vicki and Aleisha from The Greater will be at school Friday mornings to help open your child's bank account with \$5. Any student who wishes to bank money can bring their bank book and money to the office on **Friday mornings**.

**Ms Ally Bayfield**  
Organising Teacher



**Swim School**

Swim school will be occurring in Term 4 on  
**Monday 23 October – Friday 3<sup>rd</sup> November**  
All payments should have been finalised.



Dear Grandparents,

We would like to invite you to our

### Grandparents Day

**On Friday 20th October**

We will be raffling limited places for a 9.30am session with your grandchild/ren, for exploring technology in the 21st Century room or for a story telling session in our Library.

A special assembly will start at **10am** with morning tea provided for grandparents afterwards.

Please **RSVP** with the following page by

**Tuesday 17th October,**

this will assist us with catering.

Raffle draw winners will have tickets sent home on Wednesday 18th October.

Ms Ally Bayfield

### GRANDPARENTS DAY RSVP

Grandchild/ren name:

-----

Grandchild/ren class:

-----

I would like to be in the raffle draw for a technology session in the 21st Century Classroom.

YES/NO

I would like to be in the raffle draw for a reading session in the library.

YES/NO

Number of grandparents attending:

-----

Number of grandchildren attending:

-----

#### KINDERGARTEN NEWS

K

Hi everyone and welcome back to Term 4.

This is a HUGE term with lots of new and exciting experiences for your children.

**SPORT** - Students will need to wear an appropriate uniform for physical activity on a Tuesday (Gymnastics), Wednesday (Tabloids) and Thursday (normal) this term. It would be great if they could wear either their sports uniform or girls could wear sport shorts on these days because there is a lot of rolling and tumbling, they'll also need to wear appropriate footwear.

**GYMNASTICS** - we have been lucky enough to be given the opportunity to have Sport in Schools back this term to participate in their gymnastics program. This is **ONLY FOR KINDER** and IT'S FREE. This will happen every Tuesday.

**TABLOIDS** will be on Wednesday for the following weeks: 18<sup>th</sup> October, 25<sup>th</sup> October & 1<sup>st</sup> November.

**SWIM SCHOOL** starts on Monday 23rd October and it goes for 2 weeks, finishing on the 3<sup>rd</sup> November. Students leave school at 11.45am and get back at 2.10pm. They need to wear their swimmers under their uniform each day and take their towel, goggles (optional) and underwear in a plastic bag.

Congratulations to the following students who have received their **Home Reading Awards**:

#### KA:

50 nights - Josh

75 nights - Josh

100 nights - Joanna, Savanna

125 nights - Max, Parker, Mikayla

150 nights - Jameel, Hunter

**KQ:**

50 nights - Jaylie  
100 nights - Harmony  
125 nights - Harmony, Mariam

**KW:**

100 nights - Tayah  
150 nights - Lucas

**KD:**

25 nights - Savannah  
100 nights - Jakob, Ilana  
125 nights - Kai, Rosie, Evie, Kyarn, Bailee, Kyra  
150 nights - Kai, Bailee, Rosie



**A big thumbs up** to everyone who received an award at our mini assembly. Keep up the great work.

**Stephanie Ainslie, Nicole Quye, Kurt Walker and Donna Andrews**

**STAGE 1 NEWS**

1

Welcome back to the last term of the year. We hope everyone had an enjoyable school break. Term 4 is always a productive, busy term, so please check bags for any notes and newsletters.

2

Swim school will begin in Week 3 on Monday 23<sup>rd</sup> October for those students who have paid, and it goes for 2 weeks. Please remember to label all items taken to the pool such as towels, goggles, clothes, underwear, swimmers, socks, etc

**2K:****Class awards:**

Chloe – A focussed, independent worker  
Joshua – Wonderful contributions to class discussions

**Value awards:**

Lilee – A wonderful attitude to her learning  
Aiesha-Ebony – Showing great resilience and persistence

25 nights: Joshua & Chloe  
125 nights: Miah & James  
175 nights: Avneet  
200 nights: Saara & Cameron  
225 nights: Gabby, Hannah & Saara

**2P:****Class awards:**

George – An excellent effort in his writing  
Charharna – Being a kind & caring friend

**Value awards:**

Lincoln – A respectful, kind and caring 2P class member  
Stephanie: Having a dedicated attitude!

**2L:****Class awards:**

Pyper – Consistently producing quality work  
Geraldine – Great work in maths

**Value awards:**

Ruby – Always doing her personal best  
Aurora – Lighting up our room with clever and creative contributions

**1M:****Class awards:**

Kim – Improved reading  
Luke – Excellent maths work

**Value awards:**

Courtney – Using a variety of effective reading strategies  
Noah – Being focussed in class

75 nights: Ruby  
125 nights: Scarlett

**1K:****Class awards:**

Zavier – Improved focus and behaviour in the classroom. Keep it up!  
Molly – using a variety of adjectives to make her writing super interesting!

**Value awards:**

Mia – listening carefully and following instructions  
Ziggie – Having a dedicated attitude towards her learning

100 nights: Shayden  
200 nights: Michael  
225 nights: Caleb  
250 nights: Ruby

**1B:****Class awards:**

Cooper – showing persistence when writing  
Jacqui – great work with turnaround facts

**Value awards:**

Keiralea – Always doing her personal best  
Scarlett – A caring and helpful class member

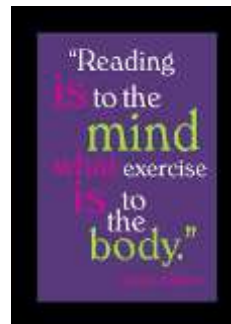
**Regards,****Stage 1 Team****STAGE 2 NEWS**

3

Welcome to Term 4, hope everyone enjoyed their break and had some time to relax with family and friends. We have a very busy term ahead of us as we move toward the final activities for this school year.

4

**SWIM SCHOOL** Begins next Monday 23<sup>rd</sup> October – Week 3, until Friday 3<sup>rd</sup> November - Week 4, for those students who have paid to attend. All places have been filled and there are no vacancies. These students will travel to swim school at Mingara Aquatic Centre by bus, leaving at recess and returning at lunch. Be sure to pack a towel and underwear for your child, goggles are recommended, but not compulsory. Normal class routines continue for those students not attending.

**FOR THE LOVE OF READING**

Our final book presentation for all Stage 2 students was held on Tuesday 17<sup>th</sup> October. These quality texts were made available for our students to choose from due to the kind donations from The Entrance Lions Club. We are extremely grateful for the efforts the Lions Club has made in collaboration with Ms Bayfield, to provide quality books in our students homes, to promote the love of reading. The children also enjoyed a visit from author George Ivanhoff, who explained his love of writing and shared his writing ideas with a small group of Stage 2 students during the afternoon session. Thank you Ms Bayfield for coordinating this wonderful opportunity for our Stage 2 students.

**CHRISTMAS CONCERT REHEARSALS**

Stage 2 are busy choreographing and rehearsing our planned grade dances for our school Christmas concert, which will be held on Wednesday 6<sup>th</sup> December – Week 9. Save the date! Rehearsals are held each Monday & Thursday afternoon, on a rotational basis during sport time. Year 3 classes will be performing together, as will Year 4 classes. Some minor props and costumes will be required for the concert, and you will be notified about these closer to the date.

**REMINDER**

If you wish to speak with your child's classroom teacher, organise a suitable time through the front office or by sending a note to the teacher with your child. Teachers are more than happy to discuss any questions or issues you may have. It is not appropriate or reasonable to talk to teachers when they are supervising students on assembly, or at sport, or while they are teaching their class. We appreciate your assistance with this matter.

**Stage 2 Teachers**

**Mrs Haslam 4N, Ms Ambrose/Ms Brummell 4A, Ms Bayfield/Miss Cooper 4B, Mrs Kirk 3K, Mrs Canobie 3C & Ms Wilson 3W**

**STAGE 3 NEWS**

5

Welcome to Term 4!

6

It is wonderful seeing our students return from school holidays so refreshed! Students and teachers are so excited to get this term underway. There are so many interesting things happening in classrooms, stages and the whole school!

**Cyber Safety + Cyber Bullying**

Last week, S3 had the honour and privilege of having Senior Constable Wells speak to us regarding cyber safety and cyber bullying. Please talk to your children about what they had learnt. A few of the take home messages from her were:



1. Don't take your device to bed with you
2. If you don't know someone who is on your friend list or is following you, block them
3. Show your friend/follower/following list to your parents
4. If something is happening online that makes you feel unsafe or uncomfortable, tell a parent, guardian or teacher
5. Before you send a message/ picture, ask yourself, **"Would I send this to Nan?"** This is known as the **Granny Test**.

Check out the following website if you have any other questions:

<http://www.dec.nsw.gov.au/students/primary/years-3-6/get-cybersmart>

This term is going to be so busy! Here are a few things to remember:

- Swim School starts in Week 3
- Year 5 - Leadership roles. Please talk to your children about the possibility of taking a leadership role. This is such a big commitment not only for them, but also for you. Some school commitments require them to attend events outside school hours ie. Anzac Day ceremonies.
- Year 6 Fete - This is happening Week 5, Friday November 10<sup>th</sup>. Please see below for more information!
- Christmas Concert - Week 9, Wednesday 6<sup>th</sup> Dec
- Presentation Day Assembly - Week 10, Monday 11<sup>th</sup> Dec
- Year 6 Farewell - Week 10, Tuesday 12<sup>th</sup> Dec

**The Fete!**

The Year 6 Fete is open to P-5. Here is a list of stalls and prices.

1	<b>Nerf Gun Challenge</b>	50c
2	<b>Ice Cream/Milkshake Parlour</b>	Assorted prices \$1-\$2
3	<b>Soft Drink</b>	\$2 per can
4	<b>Hairspray</b>	50 c = 2x streaks \$1 = half head \$2 = whole head
5	<b>Obstacle Course</b>	50c per attempt
6	<b>Haunted House</b>	\$2 per entry
7	<b>White Elephant Stall</b>	Assorted prices 20c-\$2
8	<b>Cake Guessing Stall/Lolly</b>	Assorted prices 50c-\$2 Lolly Guessing = 50c for 2 x guesses
9	<b>Lolly bags</b>	\$1
10	<b>Showbags</b>	\$6
11	<b>Face Painting</b>	Cheek art = \$1 Large design \$2
12	<b>Nail Painting</b>	\$2
13	<b>Lucky Dip</b>	\$1
14	<b>Tattoos</b>	Assorted 50c-\$1
15	<b>100's Chart</b>	\$1 per guess
16	<b>Jumping Castle</b>	\$2
17	<b>Sponge Throw</b>	50c for two throws
18	<b>Sock Wrestling</b>	50c per challenger
19	<b>Basketball Shooting</b>	50c
20	<b>Target throw</b>	50c
21	<b>Sand Art</b>	\$1



I don't know about you, but I'm pretty excited over the Sponge Throw!!

**One last thing!**

Please ensure your child is in full school uniform and has a pencil case with pens, pencils, rubbers, sharpeners etc. It makes learning so much easier when they are prepared

and organised.

**Kind regards,  
Miss Martinez  
S3 Relieving Assistant Principal**



## LIBRARY NEWS

## What's on @TEPSLibrary

### George Ivanoff

George Ivanoff will be visiting The Entrance Public School on Tuesday 17<sup>th</sup> October. George is the author of the 'You Choose Series' and 'Meet the Royal Flying Doctors'. All students will have the opportunity to meet with George during one of his Book Talks. Phoenix Books will also be visiting on the day for students who wish to buy a personally signed copy of one of his books. Students will have received a note about this from their teacher.

### Library day is EVERYDAY

Just a friendly reminder that our school library is open EVERYDAY for students to return and borrow their books. Students should not wait for their library day to change their library books. They can enjoy a new book everyday if they wish!

Encourage your child to use the library during lunch or before school to increase the number of stories they have read. A bright mind is a well-read mind ☺

### Congratulations KQ, K-6B and 4B

Congratulations to our class library points winners for Term 3. Students in KQ, K-6B and 4B attended a teddy bear's picnic in the library to celebrate their achievement where they enjoyed fruit, sandwiches and an ice cream. It was fantastic to hear about the great books these students borrowed and enjoyed from the library. It was also great to share an ice cream!

Library points are earned for every book borrowed and returned during the term. Extra points will be awarded to those students completing book reviews for their borrowed books!

### Sharlene Evans Librarian

### CANTEEN NEWS

Hi Everyone,

New Canteen Menu went out last week (copies available from the Canteen), we have deleted a few items. As of 23<sup>rd</sup> October hot dogs and slush puppies will no longer be available.

Due to price increases from our suppliers a few items have been increased:

- ↑↑ Milks, juices and focus waters are now \$2.00.
- ↑↑ Chips and Moosies are now \$1.40 each.
- ↑↑ All burgers now come with lettuce, tomato and beetroot, unless stated otherwise.
- ↑↑ Pizza muffins and veggie sticks are now \$1.50 each.

### CANTEEN ROSTER

Thurs 19 <sup>th</sup> Oct	Razaan, Judith, Sue	
Fri 20 <sup>th</sup>	Kylie, Sarah	HELP NEEDED
Mon 23 <sup>rd</sup>	Kathy	HELP NEEDED
Tues 24 <sup>th</sup>	Sammi, Sue, Elise	
Wed 25 <sup>th</sup>	Kathy	HELP NEEDED
Thurs 26 <sup>th</sup>	Razaan, Judith, Sue	
Fri 27 <sup>th</sup>	Kylie, Sarah	HELP NEEDED
Mon 30 <sup>th</sup>	Kathy	HELP NEEDED
Tues 31 <sup>st</sup>	Sammie, Sue, Elise	
Wed 1 <sup>st</sup> Nov	Mel, Kathy	

Cheers,  
**Emma Brophy**  
4333 5174



**\$5 to kickstart their savings**  
when you open a Life Saver Account  
at The Entrance Primary School Fair

**Here's how:**  **GreaterBank**  
BANK OF THE YEAR 2016

\*Important details. You should consider whether the product is appropriate for you or your circumstances before proceeding. Conditions apply. Source: Roy Morgan Research. Greater Bank Limited ABN 88 087 651 956. AFSL/Australian Credit Licence 237476.



**Let's help our kids get ahead**  
**Life Saver Account**

We know the earlier children understand money and establish good savings habits, the better off they'll be in the long run. So our Life Saver Account makes everyday banking and saving easier for under 25s.

Greater Bank Branch Manager Vicki McBeath is visiting The Entrance Primary School Fair on Saturday 19<sup>th</sup> August and every Friday morning in the assembly hall, with \$5 vouchers and welcome packs to kick start your child's savings.

**Here's how:**  
**GreaterBank** 

Greater Bank Ltd. ABN 88 087 651 956. AFSL/Australian Credit Licence No. 237476. You should consider whether the product is appropriate for you and your circumstances. Conditions apply. Original birth certificate of child must be presented to open account.

**SCHOOL LEAVERS 2017**

Childs Name/s: \_\_\_\_\_

Class: \_\_\_\_\_

Class: \_\_\_\_\_

Class: \_\_\_\_\_

Will not be returning to The Entrance Public School in 2018 due to:

**CHANGE OF ADDRESS AND PHONE NUMBERS ADVICE**

Students Name \_\_\_\_\_ Class \_\_\_\_\_

Students Name \_\_\_\_\_ Class \_\_\_\_\_

Students Name \_\_\_\_\_ Class \_\_\_\_\_

New Address \_\_\_\_\_

Mother/Carer Name \_\_\_\_\_

(Wk) \_\_\_\_\_ (M) \_\_\_\_\_

Father/Carer Name \_\_\_\_\_

(Wk) \_\_\_\_\_ (M) \_\_\_\_\_

**Emergency Contact Phone Numbers:**

Name \_\_\_\_\_ Relationship to student \_\_\_\_\_

Phone Nos \_\_\_\_\_

Name \_\_\_\_\_ Relationship to student \_\_\_\_\_

Phone Nos \_\_\_\_\_

**Make a difference  
in suicide prevention****Wesley LifeForce Suicide Prevention training**

Educating, empowering and resourcing local Australian communities

**\*BOOKINGS REQUIRED\***

9am-1.30pm

31st October 2017

the Entrance Community Centre  
(free Morning Tea provided)**benevolent****Stressed about  
back to school costs?****Would \$500 help pay for uniforms, books, excursions,  
tutoring, a laptop or tablet?**

Saver Plus matches your savings for school costs, dollar for dollar, up to \$500!

You may eligible if:

- you have a Health Care or a Pensioner Concession card and,
- you or your partner have some regular income from work such as full-time, part-time, casual or seasonal work.

**Contact Geoff Hynd  
your local Saver Plus Coordinator:  
02 4333 8061 / 0428 282 900**



# INTRODUCTION TO COMPUTERS

COURSE CODE: 10581NAT

## Course Overview



Would you like to:

- Brush up on Microsoft office e.g. Word, PowerPoint
- Learn how to organise information electronically
- Create folders, save documents and send attachments
- Understand computer technology
- Troubleshoot your problems

**This is a fully subsidised course**  
**This course will provide you with an**  
**introduction to computers**

**8 Week Course**  
**Starting Monday 16th October, 2017**

**Venue: The Long Jetty Meeting Place**  
**In the grounds of The Entrance/Long Jetty Uniting Church**  
**204 The Entrance Road Long Jetty**

**9.30am – 2.30pm**  
**(Morning tea and lunch included)**

**To participate in this course you must attend an information and**  
**enrolment session at The Long Jetty Meeting Place**  
**Monday 9th October 10.30am**

For more information about the course or to register your interest please contact  
 Nicole - Phone: 0439 427 582 or Email: [nschwebel@uniting.org](mailto:nschwebel@uniting.org)

This training is fully subsidised by the NSW Government. You must meet the eligibility criteria for training subsidised by the NSW Government.

**Uniting**



TUGGERAH LAKES SOUTH  
 UNITING CHURCH IN AUSTRALIA



**benedict**

**Uniting**



## PEAL Program

### What is Peal?

It is a Parent Engagement and Learning Program (PEAL) that will take participants on a journey in a supportive environment to learn about:

- Strengthening wellbeing of families and children
- Build strong partnerships in your community
- Gain insight into personal strengths and how to build on these strengths to achieve life goals
- Explore possibilities to gain skills, training and education for entering the workforce.

**The Program runs for 8 weeks**  
**during school terms**

**on**  
**Tuesdays - The Entrance Community Centre**  
**Starting 17<sup>th</sup> October, 2017**

**or**  
**Fridays - The Young Parents Hub**  
**starting 20<sup>th</sup> October, 2017**  
**from 10.00am - 2.00pm**

Join us for:

- 10.00am** Supported playgroup – learn practical and evidenced based parenting strategies in a relaxed friendly environment
- 11.00am** Share a healthy morning tea with the children
- 11.30am** Parents and Carers lunch
- 11.30am – 2.00pm** Children's Early Education and Care Crèche
- 12noon – 2.00pm** "Me time" –Self-care, Communication, Budgeting, Transferable Skills and much more.

For more information and registration please contact  
 Vicki MacDonald at Uniting Burnside  
 on 0439 752 210 or 4350-9000  
 email address: [vimacdonald@uniting.org](mailto:vimacdonald@uniting.org)



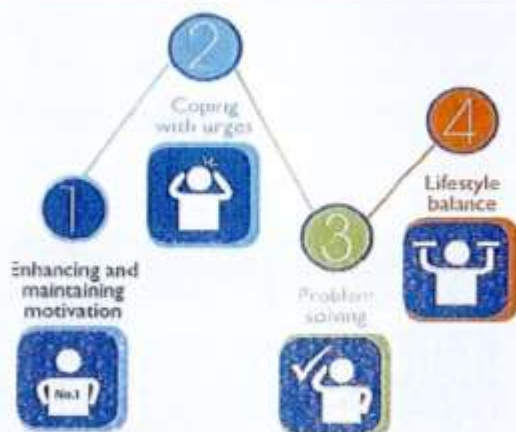
 **SMART** Recovery  
Australia

# TAKE CONTROL OF YOUR ADDICTIVE BEHAVIOURS



The Entrance Community Centre  
Every Monday 1-2PM, Block A  
Enquiries Louisa 0427 168327

  
Samaritans



**4 Point Program**

**benevolent**  
SOCIETY

  
Community for Children  
WYONG

## What is SMART Recovery?

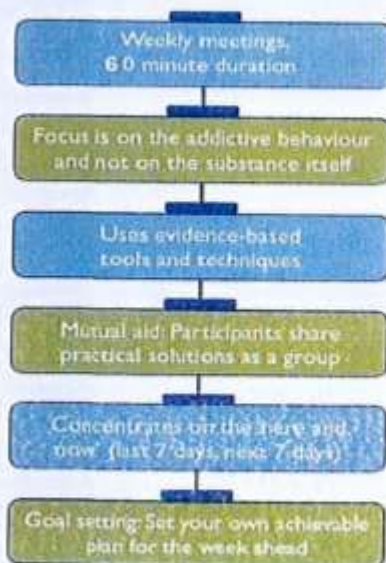


SMART (Self Management and Recovery Training) Recovery is a free group program assisting people with any problematic behaviours, including addiction to drugs, alcohol, cigarettes, gambling, food, shopping, Internet and others.

Guided by trained peers and professionals, participants come to help themselves and each other using a variety of cognitive behaviour therapy (CBT) and motivational tools and techniques.



## Come with a purpose, leave with a plan





These advertisers support us, please support them.

**Busy Bee's OSHC**  
Before & After School Care & Vacation Care



- Mon to Fri 6.30am - 6.00pm
- Fully Qualified Friendly Staff
- Free Transport to and from School
- CCR & CCR Available
- Breakfast/ Afternoon Tea Provided
- Fun filled program

Located at CLR Shelly Beach Rd Shelly Beach. Buzz us on: **0417 345 418 or 0488 345 417**

**VET** Central Coast Veterinary Centre  
North Wyong & North Gosford  
[www.centralcoastvet.com.au](http://www.centralcoastvet.com.au)

★ Routine Vet Consults \$49.95  
★ Vaccination \$49.95 for New Clients  
\*MENTION ON BOOKING & BRING THIS ADVERT. OFFER ENDS 1 JAN 2018

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or Pacific Hwy, North Wyong 4353 0200 Brian Hilton Toyota

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THE ENTRANCE

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Dr Vijay Varsani  
Dr Laura Barnfield  
Dr Paramjit Singh  
Dr Thomas Bennett

**Lakeside Shopping Centre**  
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[www.coastalhealthmedical.com.au](http://www.coastalhealthmedical.com.au)

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**FREE** uniform & one month training fee for each new member! (Conditions apply.)

**LONG JETTY DOJANG**  
Cnr The Entrance & Anzac Rds

MON & WED:  
Junior 5.10pm-6.10pm  
Senior 7.15pm-8.40pm

**Ph: 0416 102 487**

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**\$6 General Entry**

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