

DATES TO REMEMBER TERM 4

Wed 15 th Oct	to 5th Nov Kinder 2015 Headstart 2pm
Mon 20 th Oct	to Fri 31 st Oct Swim School
Thurs 30 th Oct	Halloween BBQ Community Centre 3.30
Fri 31 st Oct	Yr 3 – 6 assembly 12noon
Mon 3 rd Nov	Daniel Morcombe day – Red Mufti
Wed 5 th Nov	Principal's M/Tea 9.30 – 11am Library
Fri 7 th Nov	Yr 6 fete
Fri 7 th Nov	Young Black and Ready 10 – 11.30am
Tues 11 th Nov	Stage 2 Science Day
Fri 14 th Nov	Stage 3 swimming The Entrance Baths
Mon 17 th Nov	Star 104 morning show
Tues 18 th Nov	P&C Meeting 9.30am
Wed 19 th Nov	Yr 6 Tumbi HS Orientation 8am
Wed 19 th Nov	Parent Information Night Tumbi HS 6pm
Thurs 20 th Nov	Food Hub 9.30am – 11am Hall
Fri 28 th Nov	2 for 1 scholastic Book Fair
Wed 3 rd Dec	Yr 6 Gala Day Tumbi HS
Thurs 4 th Dec	Xmas BBQ Community Centre 3.30pm
Wed 10 th Dec	Christmas Concert 5pm
Thurs 11 th Dec	Scripture Christmas Assembly 2pm
Thurs 11 th Dec	Lake Preschool Graduation 2pm
Mon 15 th Dec	Yr 3 – 6 Presentation Assembly 9.45am
Mon 15 th Dec	Channel Preschool Graduation 2pm
Mon 15 th Dec	Yr 6 Farewell evening
Tues 16 th Dec	K – 2 Presentation Assembly 9.45am
Wed 17 th Dec	Yr 6 Fun Day at Mingara
Wed 17 th Dec	Students last day

PRINCIPAL'S REPORT

Welcome Week 4 and this term is flying by very quickly. Congratulations to all of our students that are attending the School Swimming School, this is a very important program that ensures that students have the basic safety knowledge in and around water.

Our "Headstart" program for the 2014 kindergarten students is in full swing and it is amazing how confident and prepared the students are in their last year before Big School. It is not too late to join the "Headstart", if you know of any families in our area that have children that are old enough to start school next year, ask them to contact our office.

Over the next two weeks our aspiring student leaders will be preparing their speeches before the voting process begins, good luck, and I am sure that all the nominees will represent The Entrance Public School with great pride.

Sun safety

This spring has seen temperatures soar. A new information pack with the latest advice on sun safety is available for schools and parents. Find out more:

<http://www.schools.nsw.edu.au/studentsupport/studenthealth/sun-safety/index.php>

Digital citizenship

We're the first generation of parents responsible for equipping our children with digital citizenship skills – how to use technology safely and responsibly, and how to evaluate, manage and use the information and tools they find online. Here are some tips to get you started:

<http://www.schoolatoz.nsw.edu.au/technology/using-technology/raising-good-digital-citizens>

Have a great week!

Mark Rudd
PRINCIPAL

DEPUTY PRINCIPAL'S REPORT**School Captain Voting for 2015**

Last week the Year 5 students and staff voted for our candidates for school captains and vice-captains for 2015.

The successful candidates are; Ella Dettmer, Josephine Sturdy, Isabella Elward, Cheyanne Widmer, Georgia Crofton, Zac Buehler-Craig, Owen Arenas, Jae Kingman, Jackson Thomas, Rohan Buckley and Kale Shackleton.

These 11 students will be presenting their speeches to the students of Years 3, 4 & 5 on Wednesday 5th November. Immediately following the speeches, the students and staff will vote for the four students that they believe will be the best candidates for school and vice-captains for 2015. Congratulations to these eleven wonderful students and good luck in the election.

Win Bin Winners

The following students were drawn out for the win bin awards: Stephanie Brennan 4B, Kieara Musgrove 2A, Dominic Gunn KR and Jacob Johanson K/1M. Congratulations to all of our wonderful students.

School Assemblies

Our next Years 3-6 Assembly will be held this Friday 31st October commencing at 12 noon. All parents are very welcome to attend this assembly. Our Annual Presentation Day Assemblies will be held on Monday 15th December for Years 3-6 and Tuesday 16th December for Kindergarten to Year 2. These assemblies will commence at 9.45am.

Selective High School Placement for 2016

Information about Selective High School placement for students entering Year 7 in 2016 has arrived at the school. An information letter has been sent home to parents of Year 5 students. **Applications must be completed online by Monday 17th November.** Detailed instructions on how to apply online will be available at: www.schools.nsw.edu.au/shsplacement.

Selective High School placement provides intellectual stimulation and an educationally enriched environment for academically gifted and talented children in Years 7 to 12. Offers for Selective High School placement will be made on the basis of the Selective High School Placement Test, school assessment and other evidence of academic merit.

Gosford High School is the local fully selective high school. Gorokan High School is partially selective. If you have any questions, please feel free to contact Warren Mee or speak to your child's class teacher.

Warren Mee
DEPUTY PRINCIPAL

SCHOOL BUS 86

Dear Parents and Students,
As from 3rd November 2014 School Bus 86 will have an adjustment to the route.

From The Entrance Primary School 15:30, (L) Campbell Ave, (L) CC Hwy, (L) Shelly Beach Rd, (L) Redmyre St, (R) Bloomfield St, (R) Mayfair St, (R) Shelly Beach Rd to **OLR Shelly Beach (15:40)** continue to Wyong Rd, (R) Cornish Ave 15:44, (R) Trelawney St, (R) George Hely Cr, (L) Cornish Ave, (L) Wyong Rd, (R) South St, (R) East St, (L) Main St into Robertson Rd, (R) Brooke Ave, (R) Eastern Rd 15:52, (L) Sherry St, (L) Rotherham St, (L) Debra Anne Dr, (L) Rotherham St, (R) Cresthaven Ave, (L) CC Hwy 16:01, U-Turn Eastern Rd RBT, return CC Hwy, (L) Bateau Bay Rd, (R) Elgata Rd into Marlowe Rd, (R) Shakespeare Ave, (L) Coleridge Rd.

If you have any question please contact our office 4332 8655

Stephen O'Brien
RED BUS SERVICES

PRESCHOOL ENROLMENTS FOR 2015

If you have a child who will be turning four years old before the 31st July 2015 and you would like to enrol them in our preschool for next year, please collect an application form from the front office. There are only 40 places available. The preschool currently operates two groups; one operating every Monday and Tuesday and alternate Wednesdays, the other operating Thursdays and Fridays and the alternate Wednesdays.

Priority must go to children who live in The Entrance Public School area and will be attending kindergarten at The Entrance Public School in 2016. Preference must also be given to students who have a disability, come from a low socio-economic family situation and/or are of Aboriginal or Torres Strait islander descent. A birth certificate is also required for proof of age.

The Garawa Pre-school is run by the Department of Education and Communities and fees have been heavily subsidised to cater for the needs of our community. This year the full fee rate per day is \$15 per day. If the family has a Health Care card or are Aboriginal, fee relief is applied and the cost is reduced to \$7.00 per day. To date fees have not been given to us for 2015.

KINDERGARTEN 2015

We are starting to make preparations for Kindergarten 2015. Please contact our office if you have a child starting Kindergarten next year.

Stephanie Ainslie

KINDERGARTEN SUPERVISOR

HEAD START Timetable for 2015:

Wednesday, 29th October 2:10- 2:30 and & 2:30- 3:10

'Tour of the School' and 'Speech Development'. Students will participate in activities in our Kindergarten classrooms.

Wednesday, 5th November 2:10- 3:10pm

'Games Afternoon' - parents will accompany their children to the hall for the games afternoon.

DAY FOR DANIEL

**Monday 3rd
November**

A Coin Donation for mufti would be appreciated



Wear RED to school.

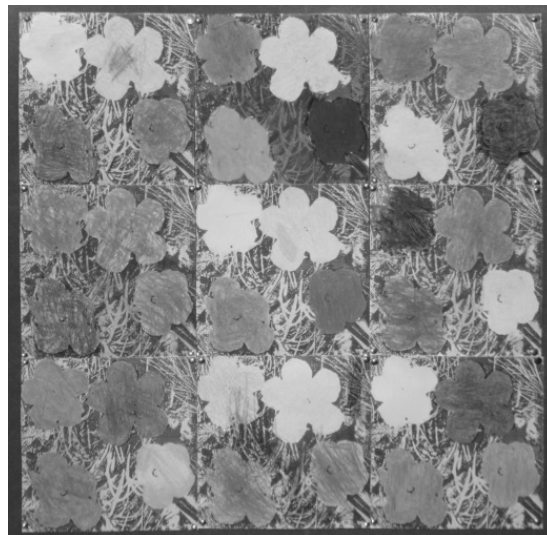
**All money raised will be
donated to the Daniel
Morcombe Foundation**

~ ~ ~

**Thank you for your support
From TEPS SRC**

K-6 BW NEWS**K-6BW****Creative Arts**

In Creative Arts we have been learning about the work of the Pop-Artist Andy Warhol. The children are enjoying looking at his bold, exciting art work and discussing his use of bright colours, repetition and everyday objects. We have created our own interpretation of Warhol's flower painting and, in coming weeks, will be creating a Pop-Art style self-portrait using digital technology in our 21st Century Classroom. We can't wait!

**Cooking**

If you have not already done so, could you please send in \$15 to cover the cost of cooking ingredients for your child this term. Thank you to those parents who have already paid.

Awards

Congratulation to our recent assembly award winners:

Ella Miles - for a great knowledge of letter sounds

Ryan Owen - for a tremendous improvement in writing.

Congratulations also to **Britney Chandler** who has received her 225 Night Home Reading Award.

Mary Best, Gemma White & Chris Green
Support Class Team

KINDERGARTEN NEWS

K

Swim school is well underway. Everyone is enjoying the experience.

This term we are looking at RESILIENCE in our You Can Do It program. By the age of 5, children have developed a number of strategies to regulate their emotions. We will be looking at different ways they can manage and control their negative feelings.

Congratulations to the following students who have received their **Home Reading Awards**:

Kinder Ainslie

25 nights: Indianna Dale

50 nights: Lucas Brown

100 nights: Mia Schubert

125 nights: Isla McMeekin, Eliza McQuarrie, Ivy Leger, Amelia Wheele, Brad Leo

150 nights: Isla McMeekin, Eliza McQuarrie, Ivy Leger

Kinder Crottey

50 nights: Georgia Hunter, Layla Hawkins

75 nights: Isabella Meilak

100 nights: Eedi Johnston-Namenyi

150 nights: Thomas Threadgate

175 nights: Thomas Threadgate

Kinder Roberts**75 nights:** Toby Fearnley, Nia McKensie**125 nights:** Lizzy Gorsic**150 nights:** Tesharnah Desmond, Zoe Marshall**Kinder Hobson****50 nights:** Talon Coady, Terrance Naughton**100nights:** Kristy Roberts**125 nights:** Sunny Tierney, Matilda Hopkins**150 nights:** Chloe Williams, Brodie Gale, Shyla Clarkson-Byrne, Noah Reynolds, Dakota Wilks**175 nights:** Caileigh Ballard

If your child is absent from school please let the class teacher or office know. You can notify us verbally or with a written note, **OR DOWNLOAD OUR NEW APP**. This is a mandatory requirement for us to be able to justify absences.

Thank you,

Stephanie Ainslie, Nicole Crottey, Amanda Roberts, Mardi McFarlane and Erin Hobson

STAGE 1 NEWS**1**

Swim School finishes up this week. Well done to all our Stage 1 students who have been learning the valuable and lifelong skill of swimming.

2

A reminder that the Stage 1 Mini project Toys-Past and Present is due next week – 3rd -7th November. Please ask your child's teacher if you have mislaid the note or have any questions.

Congratulations for the following children who received a class award at our last **Stage 1 Assembly**:

2A:**Julian Cheong** – trying hard with split strategy**Jay Bolat** – excellent listening and contribution to class discussions**2K:****Chelsea Crisp** – neater book presentation**Tye Page** – clever work in maths**2M****Caitlin Rigby** – being a fantastic class helper**Jakaya Raics** – beautiful bookwork**1P:****Eva Sloey** – always contributing in groups**Matthis Dewitte** – a fantastic start at TEPS**1DM:****Jordan Cherry** – excellent book work**Jeziel Kain** – trying harder in writing**1F:****Joshua Vella** – an improved effort towards his schoolwork**Er Xiang He** – improved writing samples**1M:****Jacob Johanson** – being AWESOME!

We have had some clever little readers who have been reading regularly.

The following children have received their **Ocean Reading Award** (75 nights)

1P: Jackson Chittick

2A: Sarah De Jong

The following children have received their **Coral Award** (100 nights)

1P: Mitchell Hughes and Krystal Naylor 100 nights

1F: Chance McCabe

The following children have received their **Pearl Award** (125 nights)

2M: Lucas Bowers

2K: Miakoda Collins

2A: Julian Cheong

1F: Mason Tipping

The following children have received their **Double Sand Award** (150 nights)

1F: Laykin Pollard and Dre Wilks

The following children have received their **Double Surf Award** (175 nights)

2K: Yeliz Guney

The following children have received their **Double Ocean Award** (200 nights)

2A: Patience Leger

1P: Chloe Osborn Dinov

The following children have received their **Double Coral Award** (225 nights)

2A: Justine Carter, Zoe Hatch and Patience Leger

2K: Tye Page

The following children have received their **Double Pearl Award** (250 nights)

2A: Scarlett Simmons and Zoe Hatch

2M: Jakaya Raics

Regards**Stage 1 team****STAGE 2 NEWS****3****Swim School and Mega Sport**

During the last two weeks, many students in Stage 2 have attended Swim School at Mingara Aquatic Centre. Thank you to Ms Bayfield for organising a fantastic initiative that is crucial for our students who live so close to amazing beaches and lakes. The students that have remained at school have been enjoying a 'Mega Sport' session run by Mr Littlewood and his Stage 3 sport assistants. The students have been participating in some fantastic activities that allow them to practice perfecting various fundamental movement skills in a game sense. For more information about Fundamental Movement Skills please visit: http://www.curriculumsupport.education.nsw.gov.au/primary/pdhpe/assets/pdf/fms_action.pdf

4**Busy Class Time**

In Stage 2, we are preparing to complete various assessments in the wake of reporting time. The students in Year 4 will be assessed on their new knowledge of British Colonisation and in Year 3 their understandings of the change and continuities of our local area. As well, students will be completing a whole school persuasive writing assessment in the coming week. This should not be a

stressful time for the students as regular assessment is part of the learning journey throughout the year.

Reminders:

- As the year is coming to an end, please return any outstanding library books and home readers.
- Please continue the great efforts in the school Home Reading Program. Well done to all our fantastic readers receiving certificates daily.
- School hats are a mandatory part of our school uniform. Students without a school hat are not permitted to participate in school sport or play on the oval during break times.
- As the weather warms up, please ensure your child brings a water bottle to school for the day.

Ally Bayfield, Hannah Cooper, Katerina Hindson, Mark Littlewood, Natasha Shuker.

LOLLY GUESS

The P&C are raising funds for the Yr 6 Farewell during November. \$1 for each guess of how many lollies are in the jar!

You won't miss the HUGE JAR travelling around the school so get in quick with your guess.

P&C FUNDRAISING COMMITTEE

STAGE 3 NEWS

Hey Team,

5

Student Assessment and Reports

Students in Stage 3 are currently sitting their Semester 2 assessments. In the following weeks teachers will be using this information to write student reports. Reports are due to be distributed later this term. It is a great time to reflect on all of

6

the progress made over the course of the school year.

Sand, Surf and Sun

In the coming weeks, keep an eye out for details regarding our sports initiative for this term. Notes will be coming home shortly.

5 BIG DAYS OF SUMMER!

As the end of the year approaches, Stage 3 are planning to hold a five day event spanning Weeks 10 and 11 this term. Over the course of five days, students will engage in a variety of creative and physical activities which will help to develop their team building skills, their physical prowess and their creative talent. Keep an eye out for details!

Maths Classes

Maths Classes has been one of Stage 3's key initiatives this year and has been a resounding success. It has been great to have parent feedback and support for this new approach to how we tackle learning in Mathematics. Student's engagement has increased during this time, the amount of content being covered has also increased and the amount of one on one student to teacher time has also increased. It is interesting to note that there has not been one incident of negative behaviour in over a term during Maths Classes.

Well done Stage 3! Keep an eye out for Targeted writing classes that will see students focus on their writing skills for a two week period across the stage (if time does not get the better of us this term).

Stage 3 Outstanding Human Being Awards for Week 2 this term were:

Ethan Burling, Ella Dettmer, Maddison King, Faith Po-Williams and Harry Cornell. Well done to these students for consistently displaying the qualities of an 'outstanding human being'. These students enjoyed their lunch with me last Friday.

Year 6 Farewell

A big thank you to all of the parents and caregivers who attended our Year 6 Farewell Meeting two weeks ago and a further thankyou to those volunteers who could not attend but volunteered to help closer to the event. It was a very productive meeting. Rebecca Po-Williams and Vikki Byrne agreed to spear head this initiative and organise the troops as the term unfolds. **The Farewell will be on Monday 15th December at Shelly Beach Surf Club.**

As the end of the year approaches there is lots of news for Year 6 to take hold of (for all of the dates please download the TEPS App from the Apps Store)

Year 6 Fete

On Friday 7th November (Week 5) our Year 6 students will be holding a fete to raise money for their Year 6 Farewell. This is always a great day with lots of fun stalls and yummy things to buy. The fete will run from recess through till lunch with all students K-5 invited to attend. Some stalls include – a haunted house, show bags, cake stall, jumping castle, coloured hairspray and lots more. A detailed list with all stalls and their prices will go home closer to the day.

Year 6 students are planning and organizing what stall they will be running on the day. Students need to provide all materials for their chosen stall. These materials can be stored in Miss Dawson's room when they are brought in. One of the stalls will be our **White Elephant Stall**. Students have been asked to clean out their bedrooms and bring in anything that they don't play with or use anymore, although they do have to be in good working order, we don't want anything broken or with missing pieces etc. All money raised by our fete & fundraising goes towards the Farewell and Year 6's gift to the school.

Year 6 Kindergarten Photos

We have asked all Year 6 students to bring in their kindergarten photo (or as close to kindergarten age as possible) to be included on a slideshow that will be shown at the Year 6 farewell. This is a great part of the night and it would be wonderful if all photos could be collected ASAP. Please bring them in a clearly labelled zip-lock bag and they will be returned as soon as they are scanned. Hand these photographs to Miss Dawson.

High School Dates:

Wednesday 19th November- Year 7 Orientation Day at Tumby HS. Students travel to and from high school as they will be travelling to school in 2015. Lunch will be provided. Students meet in the Gym at Tumby HS at 8:00am on arrival.

Wednesday 19th November 6:00- 7:00pm- Parent Information Evening. Parents are invited to attend an information evening at Tumby HS. Meet in the school's Gym.

Wednesday 3rd December- Student Gala Day. Students find their way to Tumby HS and meet in the school Gym, where they will be transported to EDSAC for a Gala Day. **Permission noted and medical forms need to be returned to school ASAP for this event.**

Have a great week,

Russell Stefans

Assistant Principal Stage 3

SECOND HAND UNIFORMS NEEDED

**Are your kids off to high school?
Too big for their uniforms?**

Please donate any uniforms you no longer need to our uniform shop for the benefit of others in our school.

**Thank you
P&C**

LIBRARY NEWSLETTER

Currently in the library I am encouraging all students to continue to borrow this term. Children do need a library bag in order to borrow. On the occasion they have forgotten their library bag I can supply them with a plastic bag. If they have more than two books at home they will be required to return them before they can continue to borrow.

We are waiting on our Premier's Reading Challenge Certificates to arrive and will announce a time when these are distributed to all students.

Thanks for your understanding.

Kaye Chaffer
Teacher/Librarian

BOYS' CRICKET TEAM REPORT

I'm Isaac Baxter and I'm the captain of the boys' cricket team. On Wednesday the 21st of October we played Kanwal Public School at Taylor Park. Unfortunately we lost by 20 runs, overall we played exceptional cricket, I am very proud of the team. First TEPS lost the toss and Kanwal decided to bat. They did very well. We got them nine out for 130 runs. Basically every member of our team got a wicket some got 2 and even 3. That was that for the bowling and now for the batting. Jed and Jayden opened and stayed in for a while. First drop was me, I was feeling nervous but confident. Jayden Bannister and I had an 80 run partnership before I retired on 41 and Jayden later retired on 40. All of our batsman each got a few runs and a special mention to Zion who went out and started clobbering the ball at the end of the innings trying to get us over the line. But it just wasn't enough! Thanks to Mr Mee for all the support, and for being our coach and to my mum Trudi for scoring. Thanks to all the parents for getting the kids to the grounds and supporting our team. This cricket team are the first in years to progress so far into the school knockout competition, with only 2 boys who play cricket on the weekend, and even a few players who had never bowled a ball the full length of the cricket pitch. Well done and what a great time we had.

Isaac Baxter
Captain

COACH'S FOOTNOTE

As mentioned by Isaac, the boys did a marvellous job reaching Round 4 of the State Knockout, especially considering only two of them play cricket on the weekend. I was extremely proud of their efforts and their sportsmanship in all of the games. Well done and congratulations - Jayden Bannister, Jed Dunsmore, Darcy Wright, Caleb Brice, Elliott Pearce, Jonathon Pryor, Zion Pene, Christian Kinloch, Roszaly Connolly-Malcolm, Kye Watman and Isaac Baxter. Thank you for being a wonderful team.

A very special thank you to Mrs Baxter for helping out by scoring for us each game and generally organising the boys when I was umpiring.

Warren Mee
Coach

STUDENT ABSENCE TEXT

Text messages are sent out daily to parents of students who are absent.

If you receive a text, a reply by text is sufficient with the explanation. This will automatically update the data base for your child. Thank you

Imagination Library Australia- for parents with children aged 0 to 5 years.

This program is supported by the United Way Australia and involves improving early childhood literacy for children by giving them a free, high-quality, age-appropriate book each month from birth to age 5. **Eligibility is a 2261 postcode.**

To register, please go to read@unitedway.com.au

If you require more information please see Mrs Densmore.

**COMMUNITY NEWS**

Principal's Morning Tea: Wednesday 5th November 2014
9:30 – 11:00am in the Library.

Food Hub: Next Food Hub scheduled for 9:30am, Thursday 20th November

Raine and Horne Competition: Create a 1 to 1½ min video about what you love about The Entrance up load your video to www.the-entrance.tv . **Best entry Wins IPONE 5S or Galaxy 5 phone.** Entries close 30th November 2014

Food for thought – check out Cancer Council's The simplest way to create a vege garden at home, Snippet in this addition of the Newsletter

FREE Community Halloween BBQ: The Entrance Community Centre 3:30pm Thursday 30th October 2014. Dress up - all welcome.

Low Cost PCs: go to workventures.com.au/webshop, phone 1800 112 205.

PCYC Bateau Bay Friday Night FREE activities: 4-5pm Kids in Sport for primary aged youth, 5-6pm Hall Sports/ Hip Hop, 6-6:30pm Junior Boxing primary age youth 6:30pm + Senior Boxing. **One Off Annual Membership \$7:50 4332 7000**

Jaki Alexander
Community Liaison Officer

CHRISTMAS IS ALMOST HERE!

The P&C are busily preparing for this year's annual HUGE Christmas raffle and we need your help.

It would be greatly appreciated if each family can drop into the canteen a gift towards the raffle so this year's raffle can be even BIGGER AND BETTER!

Thank you
P&C

P&C NEWS

As our year is coming to an end I would like to thank all the P&C committee for their endless support and time to help all TEPS students have an even better school environment.

This very small group is always wanting and needing more people so if you'd like to come to the next meeting it's on Tuesday 18th November at 9.30am. The more the merrier!!

We are also getting to that time where elections for next year's P&C committee are happening PLEASE all who are interested come to our next meeting.

Alison Leger
P&C President

CANTEEN NEWS

Hi everyone just a reminder slushies are now \$2.40 – we now have sour apple and tropical flavours.

PLEASE NOTE: with the warmer weather we have had a few children coming down with tins of tuna which they have trouble opening. Please place tuna into plastic containers – thank you

CANTEEN ROSTER

Thurs 30 th Oct	Shelley and Razaan
Fri 31 st	Kylie, Sandi and Brooke
Mon 3 rd Nov	Sara and Roxy
Tues 4 th	Leanne and Carolyn
Wed 5 th	Roxy and Jodie
Thurs 6 th	Shelley and Razaan
Fri 7 th	Kylie, Sandi and Brooke
Mon 10 th	Sara and Roxy
Tues 11 th	Leanne and Carolyn
Wed 12 th	Roxy and Jodie

Emma Brophy

CANTEEN MANAGER Ph 4333 5174

Special thanks to the Team at "Professionals 2261" who are donating \$250 to our school P&C for every house they sell in our school area.

If you are thinking of selling, don't hesitate to contact them.

Phone: 4332 3777 F: 4334 1770
or visit their office at 570 The Entrance Road,
Bateau Bay NSW 2261.



Have you prepared your Will?

Take control of your future for only \$40

Local solicitors will be on hand to prepare a simple Will or change your existing Will for a cost of \$40 (per Will).

8am to 6pm
Wednesday 12 November 2014
The Salvation Army
1-7 McLachlan Avenue Long Jetty

All money raised will go directly to helping The Salvation Army Long Jetty Corps facilitate local work in the community.

Contact The Salvation Army today to make an appointment on 4325 5614.

SCHOOL LEAVERS 2014

Childs Name/s:

_____ **Class:** _____

_____ **Class:** _____

_____ **Class:** _____

Will not be returning to The Entrance Public School in 2015 due to:



Nutrition Snippet

The simplest way

...to create a vegie garden at home

This spring all you need to start growing your own vegetable garden is a foam box!

Foam boxes are light and easy for you and your kids to manage.

Step One: Cut six drainage holes in the bottom of the foam box.

Step Two: Elevate foam box by placing it on some old bricks and fill with potting mix.

Step Three: Plant seedlings or seeds, making sure not to over plant (aim to plant around 4-6 seedlings per box).

Step Four: Water and care for your seedlings daily.

Try planting tomato, pumpkin and zucchini seedlings this spring...and watch your kids enjoy eating the results!

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)





